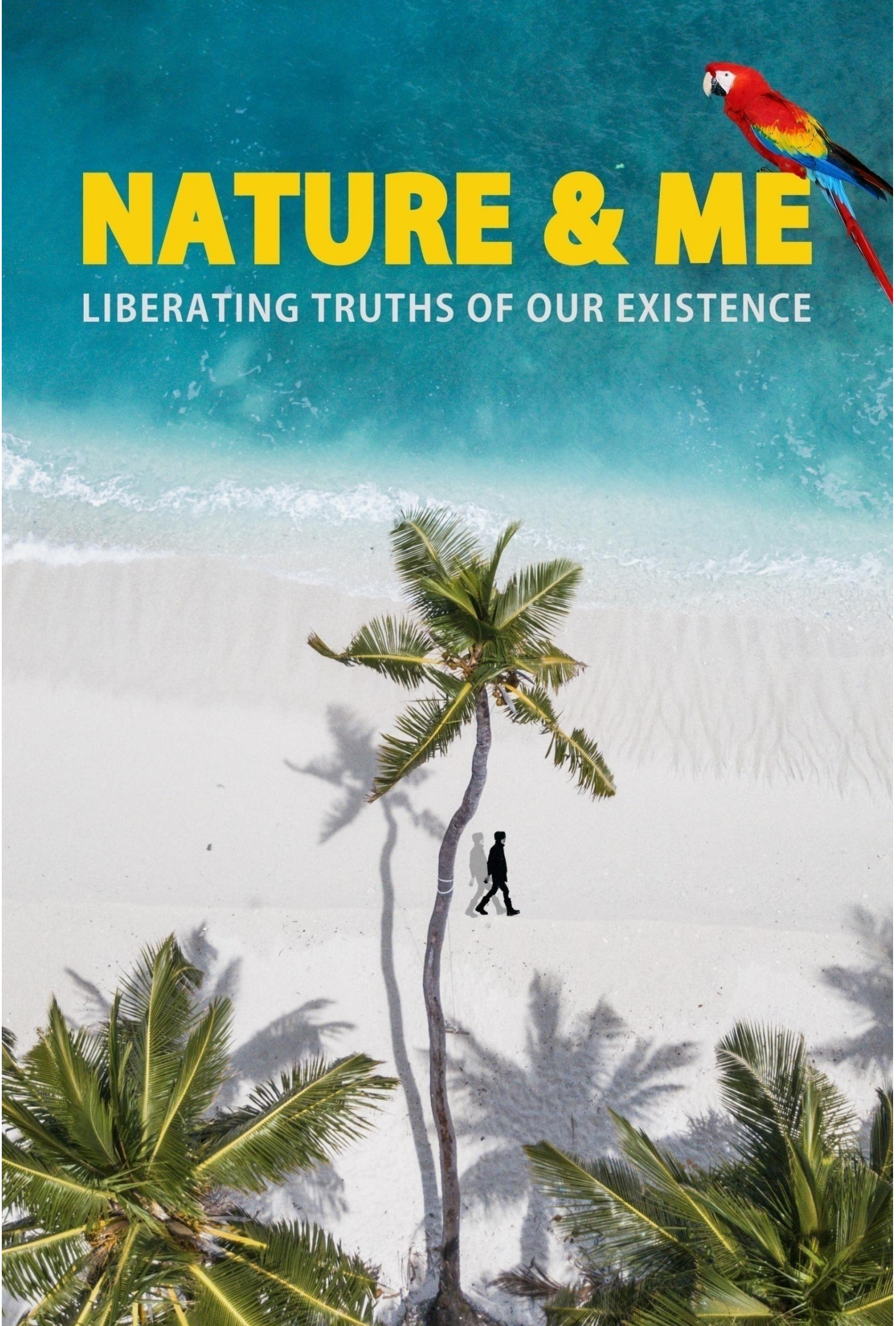
NATURE & ME

LIBERATING TRUTHS OF OUR EXISTENCE



Dear reader,

Let me be honest with you: I am socially awkward. I am one of those people who don't mince their words or speak as diplomatically as a socially savvy person would. I suck at small talk, and would generally get bored trying to impress anyone. I'm that friend you talk to when you want to hear something as it is. So yeah, I've got my issues. But before you judge, see if you can relate with any of these:

Have you had moments when you felt depressed at our seemingly pointless existence? Do you often feel anxious about interacting with others because you generally feel out of place? Do you sometimes question the rationality behind morality and many social norms, but worry about expressing your views in a very judgy society? Have you ever wondered why an "omnipotent" God would claim to love the world yet somehow allow it to fall to pieces under his government? Do you find ancient beliefs and pacifying scriptures inept at answering the deeper questions on your mind? If you relate with many of these, then we do share some things in common. You see, I've had this weird stuff going since I was a kid. It's like having heightened intuition and being able to understand abstract concepts by a mental process you can't even explain. A businessman friend once complained to me about a problem he was facing in his industry. I knew very little about his industry, but as he spoke my mind was connecting all these random dots then I suggested a solution, to which he exclaimed "Omg! What are you even doing here!" as this suggestion nailed the problem. If only such "gifts" could save us from the drama of life; no they can't. I went through the usual shit like everyone else. Even worse than most people at times, when it felt like life was out to frustrate all my efforts at sanity via that very gift of perceiving too much, feeling too much, understanding too much. So why am I telling you this? Because it was this same thing that eventually led to this book in front of you. At one point I did what any decent person should do with talent: ~~star in their own horror movies~~ use it for a good cause. I initially said "star in their own horror movies" but then realized I was quoting a line from an actual movie. Anyway, now you understand the motive behind the information in this book. Turns out the answers were there all along. It didn't require scholarships or scriptures or schools of thought to get them; just a direct request to nature. And after being exposed and writing it down I had what I can only call Mental Freedom- a feeling of being

rid of false ideas, and just understanding life as it really is. This is the feeling I wish to share with you, and I hope you catch it too. I should point out some key things first:

I. A bestselling book is one that is often recommended and praised by many. There are several of such brilliant books on bookshelves that speak the language of the majority. I cannot guarantee that this is one, for it is not meant to be a bestseller, but to address the deeper truths of nature capable of reforming humanity as more people gradually understand them. These truths, therefore, may not cozy up to the current norms of society.

II. In these past few centuries, the more civilized of us humans developed a habit of demanding scientific proof or evidence for everything, otherwise, we dismiss it. But we all know that science has often proven itself wrong in what it previously thought was truth, such as discovering that an atom was not the smallest unit of matter. So if science is not always equal to truth, then truth is not always equal to science. Therefore, relying on scientific proof as the unequivocal measure of truth would only limit our understanding of truth.

III. The "Litmus Tests" in this book are practical examples of a concept being discussed, to show you that said concept is not, and should not be considered the author's opinion, but a truth that you too can observe.

IV. "Author Notes" written in italics between chapters, are to quickly explain something crucial to that chapter, but outside of the book.

V. The "Tips" in this book are nuggets of information, instructions or advice related to the concept being discussed.

VI. You may find brief stories at the start of some chapters, which are used to capture the core message of the chapter for easy comprehension.

Part I of this book deals with how nature and the universe works, while Part II explains our place in it. If you read with an open heart, several things will soon make perfect sense to you. You will have better clarity on why we are here and how to properly approach life. So follow this book wherever it takes you, follow to the end.

ACKNOWLEDGEMENT

Thank you, Aphune Kezo, for your relentless nudging that got me to write this book. My concern that its approach is too unconventional would have caused me to abandon the project, if not for you. Thank you, Kehinde Adeyo, for your iridescent mind, balanced nature, and crucial critique. Your existence alone is one more reason to believe in the beauty of humans. And thank you, dear reader, for your interest in a better self or better humanity.

NATURE & ME

Liberating Truths Of Our Existence

Alexander Charles

Part I

Human Quandary
The Vital Questions
The Order Of Nature
(Culture, Morality, Divinity)
The Science of Nature
Natural Intelligence
The Nature of Nature
The Discipline of Nature

Part II

The Creative Formula
Become Nothing, Become Everything.
(Death, Healing, Birth, Thick Skin)
Define Your Desire
Crush Your Fear
Pursue Precisely
Make It Merry
Embrace The Outcome
Repeat On The Morrow
Footnotes.

Human Quandary

Nature's wheels are turning, as humanity enters an age of awakening where more people will become acquainted with existential truths. This process is happening in real-time, and we of this age are living witnesses. For a long time, our approach to nature has been myopic, causing much of our suffering as humans. Take science and spirituality for instance: these are treated as two separate fields of study that don't see eye to eye. But this approach is irrational at best. Can the mind be separated from the body or body from the mind? Do these not function together as one unit? If we are to understand a human being as a whole, what good would it do to deny or dismiss one of its parts for being convoluted? Nature evidently exists in dualities, which we must study as one. Otherwise, people get torn between two irreconcilable halves of the same thing. Well, my friend, rest assured this fuckery stops here.

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One time I got a Bluetooth speaker. Cute little thing. But whenever I tried playing music using the auxiliary port the music would come out choppy. So I stuck to using the Bluetooth feature alone, which worked great. A year passed. Then because I was bored one afternoon I randomly read the FAQ section of the manufacturer's website. Turns out this speaker was waterproof, could pair up with another of its kind, had an inbuilt alarm, and that the reason the auxiliary sounded awful was that I was using the wrong cable. I was the colossal dunce. I had used the speaker ignorantly for over a year. Then it occurred to me that many of us are exactly this way with ourselves; ignorantly winging life. But if you don't know what you are then you are, well, some kind of organism. Most of us are organisms. Ulysses Grant was a frustrated organism until he joined the military, then suddenly he was winning the American civil war alongside Abraham Lincoln in 1865. Some of us are potential geniuses packed with enough firepower to take mankind on the next scientific big leap but we scuttle our own ship trying to do things we aren't wired for. Then one day a drunken numbskull walks up to you, calls you a bicycle, and you'd spend the rest of the day brooding over this; masticating every nonsense fed to you because you don't know what is true. Thus, ignorance makes us vulnerable. There are two questions that, if you can answer them, will put your entire existence into perspective. Otherwise, life could be a rigmarole. The first: what is nature? The second: what are we? These questions seem to have gone unanswered for thousands of years. Both science and religion have managed to improvise answers which many have since accepted as facts. Yet the questions persist deep within our hearts. Nay, the truths of nature are not hidden in religious stories or atheistic theories; they are there for all to observe. The reason we do not see them is that the human mind needs a little upgrade in order to see them. Without

this upgrade, anyone trying to explain these truths would be misunderstood, or their words considered mere opinions. Imagine you're a Martian who went on a safari on Earth. If your Martian family back home asks how Earth's nature works, and you begin describing animals eating plants etcetera, they'll nod along as if they understand. When they later recount all you've said it will be mostly gibberish. This is the equivalent of people hyping teachings or self-help books online but struggling to apply these in real life. However, if one can take pictures, make videos, or arrange a trip, then everyone who goes on that trip would understand with very little explaining. It will no longer be a matter of someone's opinions but of observable facts and principles; universal truths. Therefore, let us begin the journey together to unravel things bit by bit. Here's a quick question for you: what's the one thing you currently believe holds the key to your fulfillment or happiness? Something you are striving for. A degree? A job? A promotion? Fame? More money? A lover? Marriage? Kids? Pet? Weed? Tell me. Oh yes of course; these things can make you happier. What we all seek deep down is happiness, love, and contentment. Unfortunately, most of us are driven by the wrong motive; the need to matter somehow. It's like we naturally feel worthless or hate ourselves, hence the need to prove that we are worthy. And this isn't because we are ugly or stupid, no. Even the cute and smart among us feel these things too. We all just use social validation, achievements, successes, all that good stuff to cover the real panic deep down. It's like a white-bearded Supreme Court Judge lost his real job then came over to sit in our minds, judging us. Trolling us. Pointing a flashlight and having the person chase the beam around like a baby or a cat. Our entire self worth depends on how many times we catch that beam. But each time we do achieve something we were chasing, the Judge would shift the beam again and we'll be pretty much worthless unless we can achieve that next thing. We are at the mercy of this Judge; cuffed and chained to the wall. This has become the norm and nobody even considers it strange anymore. Many cope with medications or vices, some commit suicide, but a clever few somehow oust that shitty Judge and change the game. These are the mature few. So why can't we all just do that? Why do we endure such a lackluster existence? Well, it's same reason babies and cats cannot do anything about their own stupidity: ignorance and immaturity.

Okay, so what if we develop the requisite maturity, depose the Judge and run our own show. Is this not a pragmatic solution? Aye, Captain Obvious! Of course, it is. But the proper question is: how would we overcome our own immaturity in order to attain the requisite maturity? The kind of maturity we seek is neither age nor experience; it is a fearless way of reasoning that leads to higher understanding. It is an inner maturity. Notice how lots of people would rather be delusional than calling a spade a spade? Observe how people would fight tooth and claw to maintain a faulty belief just because they're afraid of the real truth? *You know what? Let's cue punchline drums as I drop these truth bombs.* Many would readily lie to their partners in a bid to escape the consequences of their wrongful actions. *Kradush!* Many people hate to lose debates or arguments because being wrong makes them feel stupid, and instead of correcting their own mind,

they'd rather attack whoever made them feel that way. *Kradush!* The reason why the truth got a reputation for being bitter is that when you tell most people the truth, it's like telling a five-year-old kid that too much ice cream is bad for their health and they begin sulking instead of thanking you for looking out for them. I mean, if I got a bicycle for every time I've also been immature I'd have enough bicycles to set up a new Beijing from scratch. *Kradush!* So you see, if we are ever to extricate ourselves from this human bullshit, to become masters of the mind, we must first allow ourselves to mature inwards. Growth typically comes with some pain though. Meaning we have to suck it up and make ourselves okay with being wrong, with being called out, and with calling ourselves out too. Barring this upgrade, every human being is like a hormonal teenager who goes around with an attitude trying to prove that they're all grown up, whilst making the dumbest of decisions.

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Fun Exercise: whenever you catch yourself trying to argue, deny or evade anything that you deep down know is true, ask yourself if you are only doing so because accepting it would make you feel uncomfortable, then mentally *Kradush!* yourself for being immature. This would make you chuckle or at least soften your countenance at the moment, allowing you to accept that uncomfortable truth with a humble smile- the beginning of your inner maturity.

The Vital Questions

As you have now set out on the path of inner maturity and consequently higher understanding, you will find that self-awareness is your greatest ally. If age is the measure of biological maturity, and achievements the measure of practical ability, self-awareness is the measure of inner maturity. Being self-aware is being able to look inwards, to introspect, to critique oneself constructively, to ask the vital questions. So let us build that alliance now by asking these vital questions.

1. Who's Approval?

The jobless Judge rules because many of us are not the least bit aware of why we do what we do. Go to school, get a career, get married. Why? Sure it is the normal thing to do, but who's call is that exactly? Who decides what's normal for everybody? It is either the society you found yourself in or your parents. Think about that. Unless you have come to this point of self-awareness before, chances are you are clueless like the rest of us doofuses. Your entire ambitions are geared towards trying to win parent's or society's approval whether you realize it or not. Your true opinions don't matter here. Not now, not back when you were a diaper-wielding baby. Never. You would scoff at this because you are obviously independent enough to make your own choices. Yes, babies also decide when they wish to eat or shit but does that make them independent? Perhaps you grew a hairy chest, pointy boobs, or hoary head. Congratulations, your highness! Now scrutinize your ambitions to see whether it is for mommy, daddy, or society.

Here's how to do it: imagine those three elements out of the picture then check your ambition. Is it still the same? Imagine yourself as a king or queen basking in all the money, attention, and power you can imagine. Now check if that ambition is still there. Imagine you hit your head on a brick wall and lost all memory of who anybody is or what they thought. Is the passion still there? If you for one moment lost interest in that ambition, that's your Eureka moment of truth! But if the ambition maintained momentum then you might be onto something real.

Tip: if this is your first time being introduced to concepts of self -awareness then pay extra attention and be brutally honest with yourself here. Most normal people have so mastered the art of deceiving themselves that even if their ambition faltered when they removed parental or societal interests they'll convince themselves that it didn't. Such behavior can make our entire journey a waste. So run this check again in your private time and space.

2. Do You Have Any Say In This?

A friend of mine once took a very important exam that caused her to study in relative isolation for over a year. A daunting task indeed. When we had these self-awareness discussions it became evident that she was striving to pass the exams in a surreptitious bid to win her father's approval, who was not the kindest person towards her feelings. It was somewhat difficult to get to that depth though, as she was absolutely convinced of her independence and what not. This friend is intelligent and fairly self-aware as is, so rest assured nobody is above these mind antics. However, she was luckier than most for one reason; she was laboring for a career in the humanities which just happened to suit her compassionate nature perfectly. That's a lucky strike. For most people, it would be something far from their true nature.

Nevertheless, our friend must address that hidden motive or she might ultimately get sucked into a cycle of doom. You don't believe me? Well, if you have succeeded as an excellent student in high school, bagged a top degree in law, and daddy is still not warm, then no success from you is going to change that for long. Daddy will get a little warmer when you succeed, then back to square one because you are not yet married. You would begin chasing marriage next. Then perhaps kids. Specifically a boy or a girl, according to daddy's preference. Meanwhile, your mind would put up a rebellious front as though it doesn't care- as though you are doing these things strictly for yourself. Mind antics. The earlier a person sees these cycles of doom the earlier they can break from such. Our friend believed she would be free once that exam hurdle was finally crossed. I told her "No, Einstein, you will be free only when you adjust your core motives"

So now, do we have a say in this matter? Yes, we all do. But whether or not you should continue on your current path depends on whom you are and what your life circumstances are. Sometimes we are caught in a situation where we have to grind our teeth and endure for a while because doing otherwise could cause mayhem or jeopardize our future chances. In these situations, it is in your best interest to suck it up for the meanwhile. This is the equivalent of sitting still in a speeding car when you can totally jump out and get maimed or something. Even slaves and prisoners can choose to not endure captivity by attacking authorities and maybe getting shot or being at large. See? Choice. We often choose to endure situations and sometimes for very reasonable reasons too. But many times our reason is sheer ignorance.

For instance: a person trapped with narcissistic parents will often feel fed up with life. They may work and make good money but the weight of having to deal with a toxic family would suck any iota of joy out of life. Most people would accept this as their allotted lot, trudging along day after day. But think now; this person can begin saving up part of their income, securing a job and an apartment in a distant city, and planning their eventual departure with the intention of leaving behind a beautifully worded farewell note and souvenirs. This might even take less than a year to accomplish. And in doing so they get a chance to experience a brighter existence. So why won't they do it? Because they are still suckling mommy, daddy, or society's tits. They'll say "oh I can't do that. That's selfish. People need me here" or they'll repeat some popular platitude like, *family always sticks together no matter what*. Right. Can family not love from a distance if it's necessary? Besides, family guy, does this saying still apply if your family are psychopaths who constantly rape and murder innocent people? No? Well if it doesn't apply then it is subjective. Ah, but the immature mind would hide behind walls of sentimentality. It would see a dangerous trait in a partner then go "*oh no it's not really a problem; it's just a cute little monster that shows up every now and then. And it was me who provoked it haha*" Can you smell the shit too? A mature mind will never delude itself that way. It would rather say "*well I'm obviously a sucker for this person. This relationship could be the death of me. But heh, I'll carry this cross. Just no bitching if I eventually get fucked haha"* The ability to call your own mental bullshit generally makes you wiser.

Tip: Think about whatever patterns or choices that are currently frustrating you but that you feel like you can't change. A career choice, a job, a relationship, a city, whatever. With everything written here as your guide, check to see if your reasoning is rational, ignorant, or sentimental. Perhaps it's time to grow some balls and begin following a path that truly matters to you- a path you'll at least feel proud to invest your time and efforts into. This attitude would take you closer to your truth.

3. What Is Your Truth?

You want truth? I'll tell you a random truth: most people fight their anxiety or depression or whatever. But that's moot because instead of struggling to get rid of any darkness, one should focus on introducing lights. Okay now let's get back to finding your truth. I found these chocolates under the bed. You may eat them as we talk. So yea, it's common to hear people say "follow your dreams, follow your truth" as if this is as easy as grabbing your phone one morning and clicking the follow button on some social media page of truth.

Aside from the challenge of overcoming human immaturity, the other challenge is how does one know their truth in such a distracting world, talk less of following it? Most people feel like they are already miles away from their truth. But ha! Their truth never left them for one second. Your truth is in you right now. It is an innate part of you, and this self-awareness we are cultivating is the key to restoring that connection to it. It's quite ironic that whenever you encounter people with inner maturity you will most likely observe a spontaneous childish edge to their personality; natural ease, not having much to prove, some naughtiness, infantile excitement towards things they like, etc. This is because inner maturity raises your mind towards your higher self which is who you were before humanity fucked you over. Children are closer to this higher self, hence their better understanding of what life really is, which you too will soon understand. A person's truth is simply their natural inclination.

Note the difference between something you are passionate about and something you became passionate about. For instance: imagine you're some guy. One day on the street this random other guy molested your girlfriend by grabbing her ass. You naturally got pissed but he beat the shit out of you and left. This humiliation could then inspire you to begin learning, and eventually teaching self-defense techniques to people. You might become so good at it that others begin saying it is your calling. That's the case with many people, but not necessarily their truth. Sometimes, childhood trauma or other traumatic experiences simply creates a retributive passion for a cause. This is actually deep seated anger that you transmuted into something good. But sometimes, traumatic events would trigger something that's already innate. It is only your truth when it is innate. For instance: as a kid, you have always had an interest in watching fighting shows. You generally hated oppression and would stand up for other kids. As a teenager, you often contemplated joining a jujitsu class for no reason in particular. These are better indicators of your natural inclination. Another instance: assuming your natural inclination is to run Ponzi schemes, one might catch you as a child cleverly enticing the other children into willingly surrendering their toys to you. But your parents then chastise you over and over until you find yourself as an adult knocking on residential doors preaching to sinners and Ponzi schemers. Yet every now and then you would feel the Ponzi blood pulsing through your veins, tugging at you. At times it seems as if life keeps setting you up with coincidences that point you to one thing in particular. This is often your truth calling from within you.

Tip: if you've always thought that one's truth had to be some good positive cause, well, join the club. Most of us are naive that way. You will understand soon how it all works, and you will realize that your truth may not necessarily be worth following, but it is always worth knowing. Let's now cross the final hurdle.

4. Are You Brave Enough?

There was this other friend of mine; a beautiful human with a big generous heart. But like the majority of people, she too had much maturing to do. She was neither able to notice her own complicity in the unfortunate things happening to her nor face any uncomfortable facts. Equipped with a degree in psychology, she was an intellectual adept at referencing contemporary sources to back her beliefs. However, be wary of scholarly education. Use it to climb the career ladders but never let it envelop you completely. If inner maturity is like great sex with a lover, scholarship can sometimes be a professional cockblocker blocking your chances at inner maturity. This friend would unwittingly orchestrate her own woes, complain about them, and then cite various educational sources to support her methods if you tried to show her the faulty algorithms. As with many people with this human immaturity, there was a strong aversion to being wrong, to call one's own bullshit etcetera. Her case exemplifies the analogy of the hormonal teenager mentioned earlier.
The *kradush!* exercise is, therefore, necessary to develop a truly grown-up attitude for our journey, because your hormonal teenager may kick in when confronted with truths that contradict things you wish to believe. So, are you brave enough? This final question is truly vital because it means you are willing to declare a state of emergency on your entire existence so far. You are taking control of your mind rather than serving it. You are ousting the jobless Judge. And most of all you are willing to suspend any cockblockers if they get in the way of your inner maturity.

Litmus test: you're a proud PhD-wielding medical doctor who went to a restaurant and ordered chicken wings with soda. Now the geeky waiter didn't like how you addressed everyone like inferiors so he farted in his hand and threw it in your food before bringing it over. When you begin eating this food would you be able to detect, by your age, medical expertise, or Ph.D., that you are eating some geek's fart? No, Sherlock Holmes, you cannot tell because you did not catch the act. So you eat heartily, believing you are an important doctor eating a decent meal. This is the difference between what we believe to be true and what is actually true. The most honest teacher in life is heuristic observation.

Tip: You are now ready to take the oath of inner maturity: *If I came into this human world naked and clueless, then all facts currently etched in my biological brain were learned from society. I hereby reserve the right to adjust these however necessary for my own wellbeing. I permit myself to be intrepid in my assessments.*

Have you said it? Great! Welcome to the realms of higher understanding.

The Order Of Nature

I once stayed on an island where the locals reared domestic animals. There was a young male goat that I took notice of. I christened him Yay Shane in my mind. No reason, just a random name that popped into my head. It was a certain rainy day when the animals sought shelter; an adult female accompanied by two younger goats, one of which I speak. There was an uncompleted building nearby that would make a perfect shelter but the children frolicking at the doorway deterred the goats. Not Yay Shane though; he dashed past the kicking and yelling of the excited kids. The mother and sibling should follow but they were afraid. So he ran back out to them, and all three continued their quest under the pouring rain. This was my very first encounter with Yay Shane. Then on a different day, I saw him picking up a squeezed orange from the ground. While chewing on it the orange got stuck in its jaw. This was cringy to watch. Imagine a goat wearing sox made of orange on its lower jaw. Shane tried to pry it off by rubbing the jaw on the ground, a metal gate, a stone. I was tempted to assist this creature but I resisted the urge, inclined to see nature play itself out. I said under my breath "keep going at it, buddy, just keep at it" Moments later, the orange came undone and Yay Shane ate all of it.

On a different adventure, I noticed a Lizard trying to climb a smooth wall and falling to the ground halfway through. I began chuckling when I saw this. The Lizard made another attempt and quickly fell again. It was funny to watch. I thought *"Idiot! That wall is too smooth to climb"* but then I quickly replaced this thought with *"Keep at it, sir. If you got half the way the first time then you can surely go all the way*" Now this lizard made another attempt and scaled the wall. Imagine the embarrassment if I hadn't retracted that thought and the Lizard got the last laugh.

You might be wondering; what do these have to do with anything? I'll tell you: there are rules that nature follows. Real formulas that we can study and sometimes even apply. It would surprise you just how much plants and animals know, that we humans barely understand. For instance: you've heard people say *you can achieve anything if you persevere* well, yes they're correct. What they either do not understand or cannot properly explain is how this rule works, or what formula runs it so that we can practically apply such. We'll get to the actual formula later but let's rephrase the popular mantra to: *persevere, and you can achieve anything within the natural order.* A happier countenance, better character, the right partner or friends, becoming more wealthy, excellence in your career, living your truth, winning clandestine wars against haters, and pretty much anything you desire within the limits of nature. Whatever challenges seem to obstruct you can dissipate or you can find a way around them. The moment you feel like you are stuck is the exact moment to realize that you are not looking, because there's a way. In nature there's always a way. Think of it like there's a thin wall of glass between you and those

things you desire. All you have to do is break the damn glass or barge through it. Just take the action. It's that simple. Ha! Yeah right. If it were that simple why is it even the best among us struggle with these things. There's a catch that people often miss. Remember the jobless Judge? If you have both hands and legs shackled, and the chains fastened to the wall, how can you possibly break glasses! Now you understand why many people cannot practically apply motivational concepts. In the computer engineering community there's something known as an Operating System. This is the software that makes the computer or phone operate so that you can interact with it. All manufacturers install their preferred Operating System before trying to sell their gadgets to you, otherwise you would be staring at some blank dummy device that would also be staring back at you. See? Now imagine that us humans also have Operating Systems that determine how we'll interact with the world. In that case, most of us are currently running a very shitty OS that makes us hate ourselves and struggle so much with life. Let's give it a terrible name, like Egosystem 1.0.

You see, unlike plants and animals directly tutored by nature itself, human infants have to conform to the teachings of those around them. Therefore, every human born is automatically engaged in a battle of nature vs. nurture. We are taught what is right or wrong. We are scolded for doing things that may reflect our natural inclination but that those around us disapprove of. Thus, we quickly learn the art of wearing social masks to get along. We become actors on a stage, having to monitor our performance. Self absorbed. We may develop alter egos, repress our instincts, and generally lose touch with our authentic self in the process. In so doing the human species became vastly disconnected from the natural order. So while plants and animals flowed freely with nature's truths, humans were busy establishing social cultures and hiring a washed up Judge to preside over them. Which means the errors in our operating system must be rooted in our social cultures.

Culture

On his birthday, a time conscious diplomat went to sea with his surfboard aboard his yacht. He wore an advanced waterproof wristwatch to keep track of time. He loved this watch dearly and called it The World Clock because it tells the correct time of the world. He also wore a futuristic breathing suit to keep from drowning or getting stung by what he referred to as sea vermin. These are Jellyfishes. He thought highly of himself; a diligent man with a great reputation to maintain. But as he began surfing the waves, a previously undetected volcano suddenly erupted far beneath the sea. This eruption was so powerful it jettisoned everything above it straight into space. There were two sharks, one dolphin, an entire school of fish, five octopuses, clams, oysters, lots of sea debris, one surfboard attached to one man's ankle. All these now drifting aimlessly in space. When a floating asteroid bumped the man on the head he regained consciousness. The suit kept him breathing fine. He needed to check the time but then he realized that his advanced clock would have stopped working since it only tells the time of the world, not the time of space. To his surprise though, the wristwatch was still telling time. He became confused "*Wait, is this thing some kind of mindless machine that can't even tell where it is?*" He thought. Just then he saw the giant blue Planet Earth spinning, going around the sun. Viewing it from afar he couldn't tell day from night anymore *"So is this what day and night is? Just an illusion created by the spinning of the planet?"* He suddenly understood why day in one continent was night in another, why the time in one continent was different from another, and why they were all true in their zones. He understood why ants and birds didn't need calendars to tell when the seasons are about to change since they simply respond to cues from the planet itself. But most of all he understood that there was no such thing as time or date, as these were only invented to help humans stay organized in a cyclic existence from moment of birth to moment of death. When this man eventually returned to Earth his attitude had changed entirely. He no longer fussed about wristwatches or the correct time of the world. He talked about all time zones being exactly as correct as they are false. He celebrated birthdays, but with a very lighthearted countenance now. And he never again fired employees for being late. Instead he'd caution them to use time more effectively. He would gently say "time and dates are useful tools we invented to help us stay organized. Use them"

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Many people hold some kind of belief true, trying to prove that there is valid ground for believing what they currently hold. Prophecies, divinity, personal experiences, holy books. While it is fine to hold onto a practice that gives meaning to your existence, it is always wise to put things in perspective lest your tinted glasses taint your entire vision. For instance: say a person follows a religion that believes in day and night, this fellow will often wonder why people in the North or South poles sometimes don't have days or nights. When he or she cannot find any explanation in ancient religious texts they would placate themselves by praying and letting the matter go. Soon the reality will bother them again and they'll repeat the process. But if they were not looking at everything through religious lens they would have easily understood the angular rotation of the earth. With this understanding they can restructure their mode of worship to accommodate those people of the North and South poles. This would also help them understand how all religions are liable to imperfections, unanswered questions, discrepancies, and cultural influences. This is what it means to put things in perspective rather than being delusional. Regardless of what society has taught you, understand that all beliefs are exactly like time zones. Notice how the overly scientific people sound like buffoons when they say dumb atheistic shit? That's precisely how everyone sounds when they assume one belief is fake and theirs real. Several humans past and present have had divine encounters, but Divinity is much more complex than prophecies, anecdotes, or even personal encounters. Our inner maturity will soon help us understand what Divinity is. *But for now, note: the following analysis applies to pretty much every religion, and we are only debugging Christianity as our case study because it is the most widespread belief system that has shaped the modern world.* That said, have you noticed how Christianity has people proudly quoting the Bible as though they are quoting some factual book of truth written by a deity? Many would downright proclaim the book to be an existential manual for humans, inspired by spirit. Fair enough. Now let's rewind time and observe together informally: a long time ago, some humans had divine encounters and wrote these down. Other people also wrote historical events, autobiographies, fiction, nonfiction, and based-on-a-true-event types of stories, just as we have several movies and books today. At a point some of these writings were being put together by ancient scholars known as scribes, using canons. Canons are a set of guidelines such as religious beliefs, traditional beliefs, and good old discretion, used in deciding what goes and what stays. This compiling happened over many years though, with several texts rejected and others included based on the canons. The resulting compilation was then called the Torah or Tanakh. Many centuries after the Torah was completed, a spiritual teacher named Yeshua showed up in the region and reportedly did many great things as well as taught great lessons. He soon had followers and of course, haters too. Eventually, the haters murdered him. This was called the crucifixion. After his crucifixion the followers kept on teaching his messages and the haters kept on hating. About 20 years passed. Between those many years people typically fabricated different versions of Yeshua stories and all that he stood for. This, and the fact that one Roman Emperor named Nero was trying to blame his general incompetence on Yeshua's followers, created lots of

misunderstandings and more hating on the followers known as Christians. This situation caused certain learned people, such as a guy known as Saul of Tarsus, to begin writing letters to explain and defend the beliefs according to his personal experiences as a converted believer, while also teaching people wherever he went. Many years later this idea of writing had become a thing, with several random writers jumping to write the Yeshua stories passed around in society and tagging their writings with names of Yeshuas's key followers called the disciples. Thus, the Gospel of Matthew, Book of Judas, etc. One of such writers was a guy known as Luke the Evangelist, who is credited with writing his accounts in a book called The Gospel of Luke, as well as another biographical book called Acts of The Apostles. Now from this Luke dude it is clear that writing about Christianity was a bandwagon thing around that time when he wrote:

"Many have undertaken to draw up an account of the things that have been fulfilled among us, just as they were handed down to us by those who from the first were eyewitnesses and servants of the word. With this in mind, since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you, most excellent Theophilus, so that you may know the certainty of the things you have been taught"

This is his introduction to The Gospel of Luke. Now here's the thing: just as it happened with the Torah, there were again too many random writings flying around in society. Soon, another set of scholars had to canonically handpick some and reject others. The final list was then called The New Testament. The previous Torah was renamed The Old Testament. Both books were then joined together as what is known as The Bible. The popular Book of Revelations almost did not make the list though, as there were other apocalyptic books to choose from. One of the more popular ones among Christians then was The Apocalypse of Peter which talks about heaven and hell in detail and also talks about Yeshua rescuing everyone after they've served some punishment in hell. But yeah this idea would make Christians very chill so the scholars eventually went with The Book of Revelations which is more epic and talks about opening several Pandora's Boxes, so to speak. Other writings that didn't make the list were the Gospel of Mary, Gospel of Philip, Gospel of Thomas, and The Book of Judas, all of which were only recently discovered in Egypt at different times between 1896 and the 1970s.

Now, this is a very rough-but-accurate sketch of what happened, meaning if you dig further on your own you would discover so much more, including several mistranslations that could cause "young woman" to become "virgin woman" for instance. You would understand why the book you hold in your hand should always be viewed first as a book written, translated, and compiled by humans with different agendas. And after you know this truth, would you be caught banging on about how the Bible says bla bla, therefore, bla bla is true?

This is not unique to Christianity; it is the general attitude of religious people to be naive that way, except the more enlightened ones. Imagine you know these facts then some religious person began making such claims beside you, would you not consider them a moron? And when their cohorts do the same you begin to see all religious folks as ignorant morons. If you're freshly learning Spanish you'd probably label them *Les gullibles* or something along those lines. That's how religiosity got a bad rap. Religious leaders are the most guilty of this toxic delusional attitude- seeing how their entire identity hinges on these beliefs and they have to protect that at all costs. Now does this mean Christianity, Islam, Buddhism, Zoroastrianism, Baha'i, Hinduism, and other religions are all a joke? Not at all. These are all divine gifts to humans; zonal gifts. That's why they all seem to revolve around the culture and perspectives of the founders, and why none is infallible. But like that Diplomat in the story, humans who cannot see the bigger picture would vehemently try to prove that they have the correct global gift for so and so reason. They will not realize that all such gifts are equally global, only distinguished by culture. To grasp the divine gift within any divine religion, one must thoroughly decant that religion of all cultural sediments driving it. Unaware, you risk gulping down ideas that are more driven by culture than your bank is driven by money. Your entire spirituality would then be shaped by ideas that were relevant to certain people but not consistent with your reality. In that case, it's not really about divinity but your gullibility. Observe: thanks to the culture of the Roman Empire, the days of the week are derived from Hellenistic astrology, and the months of July and August are named after Julius Caesar and Augustus respectively. This culture has entirely shaped modern life, encroaching on all our planning today. So do you think the influence stops there? With dates and calendars? Of course not; it permeates our ideas, orientation, worldview, ambitions, self-esteem, morals, spirituality, and entire perception as humans.

Litmus Test: In a popular religion, a certain name is said to be powerful. Many have said this name and gotten miraculous results. Many have said this name in their sleep and escaped perceived dangers. Many have had visions featuring the person bearing that name. However, the name all these people use is fabricated. The original is "Yeshua" but many know the remix, which is Jesus. So wait, if the power were truly in the name why does a fake name work? Is it because Yeshua is so mature about having his name crucified too? Ah! Clerics would say it's not about the name but the mind of whoever says it. Interesting! And funny that many do not connect the dots: our experience of spirituality depends on our own mind. It is very much like when your mind forms a dream based on things that actually happened in your day. This doesn't mean spiritual experiences are dreams, no, but they are shaped by things already present in your mind. If you have been told that trees can talk but you scoffed at the idea while your subconscious mind discreetly contemplated it, don't be surprised if your spiritual epiphany features talking trees. Therefore, before trying to understand Divinity, try understanding yourself first; which culture influences your perceptions and therefore your spirituality. Have you noticed that one spiritual

teacher could endorse a set of morals while another endorses other morals, yet both will get their ideas from divine encounters? So how can different people come from the same place carrying conflicting messages. Well, hang in there. We are getting closer to understanding Divinity.

Morality

But this thing called morality is one file we must thoroughly dig into, seeing how it is the first tinted glasses bestowed on the human child. It is widely believed that we humans have some kind of innate sense of morality. Many consider this a basic fact due to stories they've been told about snakes and gardens. But if the knowledge of nakedness were an innate thing in humans why do human babies not come out of the womb with both hands quickly cupping their privates? Why do we only later learn right and wrong from our society? It's quite perplexing just how deep culture runs in shaping our perception. This is why aboriginal people seem very different from us: The Mursi people of Ethiopia do not perceive beauty the same way we do, the Mascho Piro people of Peru do not care about reaching one's full potentials bla bla, and the Sentinelese of North Sentinel Island do not care for international diplomacy. All these have very different moral codes too. The Himba people of Namibia are warm and would freely offer sex to visitors while the Sentinelese would attempt to "murder" even an airborne helicopter trying to drop them supplies after a natural disaster. True story. But is this any different from animals? Bonobos are known to be a gentle species of monkeys, African Elephants are known to bury other dead animals with mud or leaves, there are instances of animals in the wild defending other animals against predators, and we all know many instances of outright cruelty in the wild. We also know of cannibalism among animals such as the Great Apes, for instance, and according to an ancient historian named Herodotus, there was an ancient Indian tribe who would eat the flesh of their dead for cultural reasons. They were known as the Callatiae. Now the idea of eating dead relatives or being a cannibal would gross you out because you were born into a globalized culture that has evolved and updated its moral codes. But if you were born just a few centuries ago, your morals and norms could have been completely different. In the year 1623, Brother Gabriel Sagard, a member of the Recollect Order, stayed with the indigenous Huron people of North America and wrote this about them:

“In the Huron country there are also assemblies of all the girls in a town at a sick woman’s couch, either at her request according to an imagination [vision] or dream she may have had, or by order of the Oki [shaman] for her health and recovery. When the girls are thus

assembled they are all asked, one after another, which of the young men of the town they would like to sleep with them the next night. Each name one, and these are immediately notified by the masters of the ceremony and all come in the evening to sleep with those who have chosen them, in the presence of the sick woman, from one end of the lodge to the other, and they pass the whole night thus, while the two chiefs at the two ends of the house sing and rattle their tortoise-shells from evening till the following morning, when the ceremony is concluded."

That's an epic orgy right there but no big deal because, well, culture. From these observations, it becomes evident that humans do not possess any inherent ideas of right and wrong differentiating us from animals. All our ideas of morality come from society, not biology. The faculty to think has led humans to create ideas that became cultures, cultures that influenced spirituality, spirituality that became religions, and religions that propagate the moral values of the culture. During the crusades between the 11th and 15th Centuries, religion was used as a political weapon between warring rival cultures. The Roman culture, touting a type of hybrid Roman Christianity, became dominant and is known today as Western Culture. It was from this culture that science, capitalism, and atheism all emerged during a period known as the Renaissance, between the 14th and 17th Centuries. Thus, most of us are born into a predominantly Greco-Roman culture, which is where our primary sense of morality comes from.

But without an understanding of the evolution of cultures and morals, we so-called civilized humans judge others as barbaric and dark. The Roman Empire was notorious for colonizing others whilst calling them "Barbarians" so guess where we got that trait from. Indeed morality is necessary for an organized society, it has helped us spread civilization across the world, it seems like a good thing this morality, yes? Psych! It is primarily toxic. This is not to say doing right is toxic, but the blind indoctrination to do so is what proves toxic. It's not different from any other government constitution used to keep the proletariat masses in check while the leaders break the “law” whenever they deem fit. Morality and hypocrisy should throw a big wedding for being so congenial, with Don Corleone bragging about the wedding because Morality is his daughter.

Litmus test: A brave soldier uses an apache helicopter to rescue his stranded comrades, killing five hundred enemy soldiers to achieve this. He is then adored as a war hero by the wives and mothers of the soldiers he rescued and cursed as the devil incarnate by the wives and mothers of those he killed. Now, which of these women are good or evil? If you generously give money to a beggar every day and he uses it to buy Swiss knives to mug

several innocent people at night, are you not the benefactor financing this wicked enterprise? If you killed someone first who was about to murder you, to anyone who doesn't know the back story of your narrow escape are you not just another nasty murderer who should be locked away?

Ah! now you see it too. Morality is always based on shifting perspectives and thus, it is baseless. That's why the natural order is amoral- higher than any paltry perspective. The plants and animals get it, the oceans get it, natural disasters get it, everything gets it except us viewing life through shitty cultural glasses: this is wrong, that is right, birth is a blessing, sex is shameful, death is evil, sheep is polite, wolf is an asshole, barbarians are savage, nature is dark.

Many do not notice that no truly enlightened spiritual teacher, whether Christ or Buddha, has ever taught morality. Rather, they teach rationality. They teach humans to embrace the light within themselves because light breeds light and darkness, darkness. This is known as cause and effect. Decant their messages of all cultural inflections and this is what you will find at the core. There's a difference between doing right because you understand the order of nature, and doing right under mental duress. The former is enlightenment while the latter is morality alias hypocrisy. So enlightened people simply teach enlightenment. But overzealous humans would miss the core concept, add their own condiments of right and wrong, feed these to *Les gullibles* who then pass it around like a stick of cigarette soggy with human saliva. Fair enough. Now that you see the bigger picture, as that man stopped firing employees for being late you would stop being unnecessarily strict with yourself or judging others. You would rather educate yourself and others on the potential effects of their actions. So instead of saying murder is evil, you would say “would you like it if someone murdered you or your relatives in vengeance?” and if the fellow is fine with getting murdered, you say “Alright then” and call the cops on their psychopathic ass because they plan on hurting someone. Otherwise, it's none of your business. You see, it takes inner maturity to understand the order of nature, and because humans generally lack this maturity they are prone to all sorts of toxic behaviors. That's why society developed morality to mentally shackle them like animals. Morality is a broad word that could imply anything from a person's personal principles to acceptable sexual behavior in society. But we are viewing it here from the perspective of socially acceptable behaviors both in the sexual and non-sexual contexts. Understand that religion can, in fact, be very healthy once a person attains this mature perspective of culture, morals, and beliefs. Humans typically need something to connect with for emotional and spiritual health, and religion offers that by letting people connect with spiritual teachers or deities. Those without religion also connect with other things too- healthy or not so healthy. Regardless, in order to properly rise above the toxicity and be balanced with the amoral nature, we must first understand Divinity. I mean, once you remove morality from the picture it raises several questions

about the true nature of Divinity and the real purpose of existence. But at least we now know that we are the ones misunderstanding the whole system which is why life often doesn't make sense. For instance: haven't you ever thought it counterintuitive that humans are wired with such strong sexual urges and then somehow tortured by their unseen "boss" who orders them to never do those things or they'll be eternally doomed? Is that not the definition of sadism? Relationship 101: one of the best ways to fuck up your relationship is by introducing lots of impractical rules. But apparently, someone didn't get the memo. So a handful of humans trapped in such a toxic system would resort to vices or crimes for release, while the "tame" majority would make do with fantasies- mostly sexual. Some of which manage to make it to print and become instant hits because it resonates with millions of other depraved minds. Also, pornography websites seem to get billions of views from "ghost viewers" maybe, for who can really say "hey come see the viewers here eating potato chips". Humans become hypocrites. People would stare at you contemptuously for saying "I wonder what it'll be like to fuck that fellow over there" yet they have virtually fucked the fellow in all the styles known and unknown to mankind. This denying and lying to themselves then becomes second nature that they'd do it without thinking. You may notice a person lost in thoughts and ask what's going on in their mind "Oh it's nothing" they'll swiftly reply. If you insist they'll go "Well, I was just thinking about how the world needs more trees. We should plant more trees. I'm a tree activist now" It'll be easier to get your dog to play Beethoven's Symphony No.9 on your piano than to get some humans to even admit to their raunchy thoughts. But how can one fault humans for being so depraved when the same moralistic culture that represses them would simultaneously bombard their senses with sexually suggestive materials day and night. From risqué advertisement to movies to music to TV shows to fashion to language to food wrappers, everything is deliberately designed to be suggestive, titillating, sensual, and sometimes even explicit. Society constantly stimulates their sexuality then threatens them with prison and eternal doom if they dare to express such. It is this double standard that leads to the depravity of human minds, and thus, the ills of society. So the torture of humans was never perpetrated by nature but by suave humans who invented morality in a bid to either tame, control, or repress other humans. And now that we have rooted out this error, we can proceed to understand the real Divinity as well as the true meaning of life.

Divinity

A security guard opened the gates to the property he guarded and found a massive bull snake slithering along the floor. It must have come from the woods nearby. The guard couldn't tell what type of snake it was; whether venomous or not. Upon seeing the approaching guard the snake raised its head in a defensive stance. The guard then panicked, drew his gun and said-

Guard: Hey, I could totally let you go back to the woods but I can't have dangerous snakes crawling around. So tell me, are you venomous or not?

Snake: hissssssss

Guard: Answer me straight!! I said, are you poisonous or not? Last chance!!

Snake: hissssssss

Then he shot the snake in the head.

Such is the frustration awaiting anyone who tries to rationally comprehend Divinity until they shoot the subject in the head and close the chapter for good. Case in point- atheism. But that snake was what it was. It was up to the guard to either educate himself or react ignorantly. Safe to say most people, whether atheistic or religious, are ignorant about the true nature of Divinity.

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You see, humans are like optical prisms- a glassy object which can refract white light, sending it out in different colors. Divinity is the pure white light. It has all colors and no colors at all. So if you view the light through any prism it will be colored. No matter the sage or spiritual teacher, the light it emits will be colored by its own personality. As the pure white light has no colors, Divinity is amoral. As the prism refracts its colors, Divinity can be moralistic. Nature is the ultimate embodiment of Divinity- displaying both beauty and cruelty side by side. Think of it as the human voice: we can both read the same script but our voices and accents would be very different. That's why you can have a gentle sage and an aggressive sage with opposing divine revelations. But despite what you may hear them say, do not consider the light as having a specific personality, for it has every personality imaginable and reflects all these in nature. It is gentle, aggressive, friendly, hostile, mysterious, mischievous, wicked, kind, loving, vengeful, evil, good, reasonable, and unreasonable by human standards. Our cultures teach that humans alone have free will

and that Divinity is some goody-two-shoes humanoid epitome of perfection. Bummer! Every organism has free will, as you will see in the next chapter, and Divinity is the epitome of eccentricity by human standards. Yes, these truths may be jarring to you, but understand that we're in luck because many humans lived and died immersed in bullshit deeper than the pacific ocean.

Observe how you can have an idea in your brain, then a counter idea, then another counter idea. Sometimes you say "one mind told me to do this but another mind told me otherwise" yet it is your one mind making up all these "minds" with different ideas. Exactly! Divinity is the absolute repository of all minds. It is the pure white light of a billion minds; a mind beyond our concept of mind. This means it will not be strange if the divine refers to itself as I, and then again refers to itself as We. Do not let this inconsistency annoy you, for you have no idea of the complexity required to birth this universe. We logically think that every consciousness should have a specific persona; thinking and behaving in a coherent way. Nay, replace all concepts of *He* with *It*, then replace all concepts of *creation* with *manifestation*. Thus "*he created"* becomes "*it manifested"* everything in the universe. This way your mind can grasp the fact that as one tiny cell spreads into a giant mammoth, all things are merely expressions of the one mind. They are like bubbles in a bathtub foaming and bursting individually from the same water. Thus, a lion manifestation and a tiger manifestation would totally destroy each other in a fight. Yet both come from the same Planet Earth. Nothing in this universe is considered small or big; they are all just clusters of the same tiny stuff. So Divinity is a paramecium, and then an elephant, then you, then a mountain, then a tornado, then a sudden apparition, then none of those things because screw it and screw you. Is this beginning to sound insane to you? There! Such is the complexity of Divinity. This is why when some soothsayer tells you they saw a vision that the world ended on some date don't run off to sell your property. It's not that they didn't see it, but rest assured it'll just be you and crickets staring at each other on said day. Prism tells what prism sees, all are variable realities. It is easier to predict a football game or an election than to predict a doomsday apocalypse. This is because only the One mind can break the order set to prevent it. You will soon understand clearly. To have any true idea of pure Divinity you must purge your mind of all popular ideas of it. It is these fallacious ideas that have given the more rational humans a very hard time making sense of it.

However, it's funny how academia would brand all stories or writings of the old world as myths. Typical of humans to not balance information but rather teeter on the extremes. Fair enough, many of the old writings are indeed fictitious. Such as that of the Greek author named Homer for instance. Besides, any idiot with a pen can write bigfoot stories using real-world settings. But then again myths and legends are sometimes inspired by factual events. Therefore, a balanced mind approaches cautiously. For instance: artifacts such as the Antikythera Mechanism or the Pyramids

of Egypt should cause the more rational among us to reconsider our perception of the ancient world as entirely rustic. They obviously knew some things which we don't, and we must respect that. Fabricating harebrained theories to repudiate all mysteries, or relying solely on archeological evidence to explain our history will get us nowhere. Think now: you cannot practically "prove" to someone that you had a nightmare last night. And according to our current methods, you are hereby a liar, and nightmares are a myth. Do you see how this method can pose a major blinder to the real truth? And this is where higher understanding must come in, otherwise, we may end up mowing lawns inside our own anuses while nature plays the In-Your-Face Symphony to commemorate our sudden realization that we were being misled by it with fossils and whatnot. If nature cleverly hid one side of the moon for no apparent reason, there's no underestimating what other unapparent clever tricks it might have going as we speak.

So when it comes to the history of humanity or existence, whatever intuition or insights or even fossils we have is best presented as an educated guess with no verifiability. That said, it is possible that a period on this planet did experience intense spirituality and possibly advanced sciences too. But humans likely proved irresponsible with power even as they do today. The effects were catastrophic as nature moved to fix things. Rest assured we wouldn't find any revealing artifacts of these periods because nature would cleverly get rid of all direct evidence in a very "natural" process over time. Knowledge which was once given freely became esoteric and secretive. These, as well as their histories, are then passed down from generation to generation in symbolic language. The secrets are sciences such as alchemy, astrology, medicine, and other ancient knowledge that eventually shaped modern science. Their histories are allegorical stories such as the ancient fables that shaped key religions. Spirituality is the original road that bifurcated into whatever science and religion we brandish as separate things today. This is what many of us don't get, going "science proves that bla bla" as if science came from a different universe to begin proving stuff in our own universe. Science is nature, we are the ones who showed up late to its class. So, despite our inability to prove anything from deleted prehistory, or to accurately trace our history, an educated guess of what happened is this: the prisms of a possibly scientifically advanced period refracted the wrong lights of Divinity, fucked with the natural order and got served by nature. With their signals scrambled, humans lost sight of the divine. Nothing changed much, but with all divine knowledge now hush-hush by surviving "wise ones" who would only pass these to a select few, most of the knowledge soon faded with time. The new generations of humans were then confused like children without parents- like sheep. This gaping void is what causes humans to worship things. If you dazzle humans they will worship you- even if you do not wish to be worshipped. This is why celebrities and public figures get worshipped non-religiously. It is merely a lack of identity. And when the enlightened try to teach humans how to restore the connection, they misunderstand and worship

the fellow instead. A person with healthy self-esteem would relate with you fairly and respectfully regardless of your or their social status. But another with poor self esteem would kiss your ass today when they feel less than you, then snub you tomorrow if they feel more. So humans are either fearful worshippers or sacrilegious atheists. Both suffering from the same disease. Only a mature few have a balanced attitude with Divinity; knowing that they naturally have access to this repository, and this access is a privilege.

All truth and wisdom is in the Light, and with the right attitude you will access these by virtue of being human. Case in point:

Author notes: as with all other abstruse chapters such as "Morality" or "Science of Nature" for instance, I would typically send out a mental probe- a kind of request to the mind- that I wished to gain understanding on the subject. This would then reveal insights which may come during a drowsy state or during the waking hours of active brainstorming on the subject- like your brain suddenly notices implausible clues, understanding things as though someone told you. I would sometimes investigate these and be excited to find that some people already knew, though they may articulate such with cultural bias and blanket statements. But there are other things that simply cannot be investigated. That's why this book primarily uses nature as a point of reference to verify some truths, and leaves any unverifiable as the "educated guesses" that they are. No inspiration, intuition, ideas, visions, or spiritual encounter by any prism is beyond imperfections. This is the rule of mind.

You can do this probing too. Everyone can. This is what science does, and how it uncovers the secrets of the universe. Religious people also do this by the way of spirituality, albeit ignorantly. Places of worship are great for the camaraderie and the general mental health of belonging somewhere. They are indeed healthy just as any other positive social group is healthy. But if a person would think there is anything exceptional about places of worship, such is delusional. A cow, a basket, a building, anything can answer prayers if your mind deifies it. It is not that thing answering the prayer but the force of nature itself, which we will soon understand better. It is also humans who are moralistic and judgmental towards one another, causing pain and retribution by the force. As the toenails do not necessarily worship the head, and children do not necessarily worship their parents, humans need not worship Divinity at all. Humility is the proper way- because supremacy belongs to that which was there at the birth of the universe and still there after we are gone. So why be haughty around such. Rest assured we exist in a very mysterious universe by a very mysterious Divinity. Nothing is as linear as it looks, and the very diversity observed in nature is also the diversity of human spiritual experiences; no specific rules as to how it would be for everyone. Do not consider anything impossible- be it reincarnation, visions, prophecies, revelations, ghosts, spirits, the possessed, the existence of other beings etcetera. It is only rational to acknowledge mysteries when you live in a universe that is entirely mysterious. But culture would attempt to cheat people of this rationality by

shaming and controlling their perception, as with *Les gullibles*. If someone told you that you randomly evolved from monkeys or reptiles millions of years ago, you should look around and wonder why the 65 million-year-old crocodile and other apex predators allowed humans to hug all the evolution action then boss them around as food or pet. Did the humans bribe natural selection for such favoritism? You should wonder why elephants and sperm whales with such powerful brains cannot even invent fashion, sudoku, or sex toys. You should then examine this fellow who told you such a thing to see if perhaps they themselves are a monkey that didn't fully evolve neurologically. This is you being rational. In the next chapters you'll realize that science is not entirely wrong; just sorely misguided. Understand that atheism was specifically created to oppose religion which was totally shitting on humanity at that time. But like most movements created to oust another end up going too far, atheism went too far by propagating the same dogmatic attitude it derides religion for.

Let us rewind and together observe how modern science began: it began during the renaissance as nothing but heuristic thinking by people who did not agree with the dogmatic human-made ideas of religion. It was the freedom to think far and wide, unlimited in any way. This attitude saw the world spin into a genius era with all sorts of novel discoveries from atomic theory, to electricity, to gravity, to electromagnetism, to radioactivity, to radio communications, to aerodynamics, all of which culminated in the 19th Century. Popular figures of the era were often polymaths who tinkered with both science and spirituality. Sir Isaac Newton was an ardent alchemist. Leonard Da Vinci would dabble in everything that fascinated him. Heck, even our very own Albert Einstein was fairly balanced with his pantheistic beliefs. This is because true science is a process that seeks to rationally comprehend mysteries, not to annul them. Do you catch the difference? Therefore, maybe with the right formula metal can float and even fly, with the right concoctions matter can disappear or transform, with the right understanding anything is possible in a universe of mysteries. So nothing can be dismissed as irrational unless it is explicitly proven so. But notice that modern science is quick to dismiss things as irrational based on some tacit "scientific" ideals? Now, define the word dogmatic.

Litmus test: have you observed that modern science sees more innovation than invention? Pretty much recycling and updating old knowledge. Anything from Artificial Intelligence to space travel is typically based on principles long discovered. Such as electricity, electromagnetism, physics, etc. But note this now: if the original scientific attitude of boundless wonder is encouraged in modern students, that they are allowed to question all science "laws" and dabble both fields, the world would spin into another genius era of teleportation devices, bio-regeneration gel, shrinking vehicles, mind transplant, several brand new technologies. This would also balance our culture and improve society's mental health, seeing how nature is all about balancing dualities. And if you think science is awesome now, wait until it adopts this humble tentative attitude.

The Science of Nature

There are many ideas about how the universe began: talking snakes marketing forbidden fruits to naked women, random big bangs producing a highly organized system, giant elephants standing on giant turtles. Great! Let's make one too- only with higher understanding: nature is a phenomenally advanced science. It's a mathematical equation that works with constants and variables. It's great complexity, but we'll try to keep it simple. You see, once you begin paying attention you'll see that nature does leave clues for us and you'll realize that most existential answers are hiding in plain view. Observe: both nature and humans create things in a very similar fashion. The difference is one is super-advanced while the other learning in comparison. So while we make things by assembling different parts, nature does so using one formula that can be simplified as $A[(1+1=1) \times P^n = Xn]$ Translation: One (1) is a whole made of a combination of things. One then undergoes processes as many times as necessary (P^n) to multiply itself, turning into a complex system with different parts (Xn), as directed by an algorithm (A). What this implies is that nature does not produce anything big, and everything in the universe can be grouped into three categories: systems, parts, and tiny raw materials. The systems are either living or non-living, the parts are always made along with the systems, and everything altogether made from tiny raw materials. Therefore, as one tiny cell makes up an elephant, and one tiny molecule populates an ocean, one speck grew into the huge universe of today, and this universe would still be growing. This speck would be made up of elements outside the periodic table. Meaning the universe's One (1) would be immaterial and undetectable unless with special equipment. It would be like an invisible micro battery ready to undergo processes such as fission. Let's call it Rootbot because it came first. This continuous "chemical" reaction of rootbots would release some kind of energy as well as byproducts, causing rapid expansion. The byproducts are what would eventually become all matter, energy, and other "parts" of the universe. Meaning all things right from giant suns to dead bodies would be primarily made from these rootbots and alive with them- like some kind of strange force constantly going tzzzzzzz around everything. All of space would be a weird rootbots ocean where the galaxies float in. Understand that our atmosphere also looks empty but is an ocean of various gases. Even liquid ocean is merely a mixture of the gasses hydrogen and oxygen. Fishes probably think they are flying around in some kind of air, and when you kidnap them into our atmosphere you've taken them into another layer of the ocean where they cannot breathe. So these layers of the same ocean goes all the way up into the universal rootbots ocean. This means there is no such thing as "empty space" anywhere in the entire universe. Once we've confirmed rootbots, forces such as gravity, electricity, and lightning would be better understood as reactions between matter, energy, and the omnipresent force field of rootbots. Not what we currently think they are. Then, for instance, instead of using kinetic energy to propel rockets we could use an electrical charge with zero-

emission and astonishing speed. And if you like the idea of making fireballs or shockwaves out of thin air then you're in luck because it would be possible once we know how to, errm, use the force. This is all presented in an "educated guess" manner, but rest assured that if nature was consistent with its formula at the birth of the universe then all will be found correct. Now, let's get to the main reason why we've come to this technical place:

There were two living cells named Amanda and Claire. They were one, but they became two thanks to Mitosis cloning technology. Anyway, now that they were two, Amanda- the one who came first- said to Claire-

Amanda: "Hey Claire, let's go do the dishes it's getting late"

Claire: "Errm, actually I'd rather just stay here and make beads"

Amanda: "No I think we should do the dishes now"

Claire: "Hey, no offense, but you're kinda bossy you know that?"

Amanda: "Well no offense too, but I'm kinda your boss. I made you, remember?"

Claire: "No you didn't! Get off my back with that crap! You're not the boss of me! You didn't *make me* and you can't make me do nothing either!

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You see, Mitosis explains how cells create copies of themselves, Extracellular Matrix explains how they interact and work together to build the organism, but nothing explains why all these "boss cells" decide to cooperate in the first place. Yes, there are speculations on how they do it but these don't answer the rational question of why. Can they not behave like single-cell organisms such as Amoeba who fission, shake hands, and walk away? Besides, since we are so great at cooperating as cells, why do we suddenly become assholes who won't cooperate in society? What's the real difference between a cell and an organism in nature.

Observe: $A[(1+1=1) \times P^n = Xn]$ you'll notice that Xn is the finished product or system, while all the letters (1) are raw materials used in making it. So while an Amoeba is an (Xn) system ready to walk around reproducing and all, animal cells are merely (1) raw materials that are used to build an animal. This means they cannot walk around doing stuff on their own. This means they are like robots- Botcells. So any organism in the (Xn) stage has free will to express itself as a living system, while organisms in the (1) stage are robots.

To gain pristine clarity on this issue let's perform a quick experiment. Bring out your phone and your pet. These are both systems. English dictionary says:

A system is a set of things working together as parts of a mechanism or an interconnecting network; a complex whole.

To set up any working system such as a phone or pet you'll need three things in place: origin, material, and intelligence. Let's compare to be sure: your phone came from a manufacturer, was made from parts, and has something called a central processing unit or CPU which is like the brain. Your pet came from a parent, was made from cells, and has a brain. Your phone parts were assembled in a factory by automated machines. Your pet parts were assembled in a membrane by what exactly? An automated algorithm. That's why the "boss cells" cannot behave like Claire- they strictly follow the algorithm's orders to interact and behave. This algorithm (A) in the equation is like an automated computer while the entire universe is its factory. All DNA coding, seed packaging, fertilization, organism development, universe development, are all coordinated by the algorithm using its building materials such as botcells, atoms, molecules, all made from rootbots. So nature does exactly what our factories do in the sense that it coordinates all operations up until the organism has developed into a system. At this stage, an organism becomes (Xn) and has free will to express itself with its CPU. This is why animals and humans alike can behave differently from one another, just as you can customize your phone to behave differently from other identical models. But even though the manufacturer sells you the phone, they still sort of run it: software updates, warranty, repairs. Likewise, the algorithm still runs the organisms even after delegating to the CPU. And as for the non-living systems such as Planet Earth or the universe itself, this "computer" runs them entirely.

Many have wondered if Divinity is the universe or separate from it. The answer is yes and no. Are your thoughts separate from you? Yes, they are, and no they are not. They project from you. As we've observed from our little experiment, it always takes a triad to setup any working system. Divinity is the origin, the universe is the system (Xn), and the algorithm (A) is the intelligence running it. Think of it as the first Artificial Intelligence ever designed. Well, it's natural so let's call it Natural Intelligence. This can also be called the creative force, the force of nature, and pop culture vaguely understands it as the universe. But we'll just call it NI for short. It is alive in a way. But just as an advanced intelligence, not a mind parse. It does everything using complex mathematical calculations of constants and variables. This will be very hard to explain without getting sucked into a bucket of complexities that'll culminate in a migraine for both of us. But then again it's pertinent to higher understanding so let's try and articulate it.

Natural Intelligence

Constants are things that won't change, variables are those that can change. Many have wondered what's this thing called reality. Two universes make one reality. Think of how electricity has positive and negative charges, and the combination of those two wires is what lights your bulb. Likewise, the "negative and positive" universes must combine to make existence and reality. They are superimposed into each other like the colors in a picture are superimposed into that picture. Such that if you try removing the colors you'll get a black and white lifeless image. Another way to understand is to think of how a person has a physical brain with thoughts inside that brain. This is exactly how one of the universes is material and linear while the other immaterial and nonlinear, both functioning as one. Now, observe: when you're having a conversation with someone, they speak, their words form your next thoughts, your thoughts form your next words, you speak, your words from their next thoughts, which form their next words. Do you see the cycle? This is how these two universes constantly influence each other. In the example, the constants universe is words because words cannot be unsaid, while the variables universe is thoughts because they can change. In nature, the constants universe is like a tree while the variables universe is the roots hidden in the soil. So whether anything exists on the visible linear tree or its invisible nonlinear roots, it is part of that whole tree- a combination of both universes. Therefore, you can say anything that exists within our universe is some mixture of the constant and variable universes ($e=c+v$), while reality is the result of these two universes' continual "conversation" as in the example above ($r=cv^n$). Reality is like a live movie where NI is the supercomputer calculating what will happen next. Thus, things add up behind the scenes in the roots (nonlinear, variables universe) then show up as reality on the tree (linear, constants universe). Add up, show up, cycle. The calculations keep adjusting as elements of these universes affect each other. For instance: before someone slaps you in the linear universe, NI has already calculated that slap in the nonlinear universe. Meaning they have already slapped you in that other universe. But as long as it's still variable, split seconds before it becomes a reality you can alter the calculations. If you're sensitive you may perceive that someone slapped you, and then dodge it right before it happens. This would be called premonition. The variables will then adjust again, seeing how that slap didn't happen. This is also the mechanism that causes déjà vu: if your mind unconsciously taps into NI's dynamic calculations behind the scenes you would feel it that something has already happened before. But then you'll probably scratch your head and take your meds.

However, once the calculation hits the reality screen nothing can undo it. To undo reality, NI would merely adjust the next variables for the next reality. This would only have a remedy or replacement kind of effect but would never reverse the initial reality. So reality

is not merely an illusion of the mind; it is entirely real the very moment it crosses that bridge into the linear tree. And we can right here right now light candles to mourn the idea of time travel because time doesn't exist as we think; NI animates reality moment by moment as the two universes cycle back and forth. It may take the world a while to settle with this, as it was a painful realization even for me. One cannot move an inch into the past or future while on the linear tree, but this is possible in the nonlinear roots that is timeless. If we tried to explore all clauses and nuances used by this algorithm to calculate reality our brains would shut down then sue. Because these calculations exist in several layers from flexible to inflexible values. So while the more flexible values can be adjusted, the inflexible will result in an inflexible reality. Thus, one can adjust an impending slap but cannot adjust the movement of the earth. So our concern should be: which values in nature are flexible and which are inflexible. An illness, for instance, is a flexible value. Once it's crossed into reality, one cannot wish it away. However, as a flexible value, one can surely take actions in either universe to adjust the upcoming reality, causing the illness to be remedied or as we would say, heal. That's the mechanism to how we are constantly affecting reality via $r=cv^n$. This also means only the origin would be able to adjust the inflexible values. So we do have our limits in forming reality via the supercomputer.

Science cannot yet study nor track NI but we can observe its effects in real-time. This is why we always end up with the big question of why. Yes, the sun and the earth formed eons ago and began orbiting. But why? Yes, the gametes meet up in the fallopian tube and begin taking form. But why? Evolution, lifespan, climate, fate, karma, time, all these effects we observe are caused by the algorithm. Since it operates by crisscrossing trillions of changing variables in both universes, strange calculations would sometimes happen in the more flexible department of lower priority. This is the intricate layering mentioned earlier- the one that'll retire our brains. So let's just dabble on the surface here. For instance: NI considers organism life a flexible value but the planet itself inflexible. So while an animal may be born deformed, you can bet your skeleton that unless it is programmed to happen for an effect, no doomsday space rock would randomly crash into Planet Earth on NI's watch. If suns from other galaxies explode they will be too far away to destroy Earth. Yet earthquakes can ravage a city and waste millions of organisms, stray meteorites can fall on some tourist's bald head, Adolph Hitler can open his mouth and cause global carnage. No big deal to the algorithm; it has no morals. If scientists begin to clone humans, NI would prod them along as the creative force that it is. If this is against the order to do so, the same NI would soon orchestrate a retributory catastrophe. But if I'm building a mighty weapon that will immediately nuke the Earth and other galaxies to pieces, guess who suddenly finds true love and loses interest in the project, or takes a trip to Africa then dies from malaria, or has a lab radiation accident, or has that one staff who developed a "heart" then sabotaged everything. This is why people may see that the world ended in the nonlinear universe but it won't happen because NI would adjust the variables leading up

to that particular reality. The only origin can override the "protect" programming or call off this force to let it happen. The universe is indeed co-operated by a chain of command which involves humans too. This you will understand better in part II. And if you think some government is spying on you now, wait until you meet this universe where a bug couldn't take a shit without it reflecting in the force. This is why astronomers can link certain cosmic activities with human life. Indeed everything is connected via rootbots and NI. Again, this is way more complex than it is being simplified here. But even with this basic explanation, many things in life may now make sense to you.

Take Fate for instance: some people think it is written in stone while others think it is subject to willpower. Well, fate is the default trajectory of an organism. Trajectory refers to the flight path or life experiences of an organism from birth to death. NI calculates it along with DNA information. It uses several variables such as bloodline, universal values at the point of conception, immediate society, current parents' trajectory, potential future events, and a host of other timeless variables. Thus, a person can inherit non-biological traits such as good fortune or misfortune or psychic powers, the same way they inherit biological traits. And this is why a person's natural inclination is not necessarily a thing they must follow. NI's default calculations may set you on the path of a Ponzi schemer, an alcoholic, a deadbeat, a king, or queen. It's nothing personal- just mathematics. A person could be wired for destruction and disease like pathogens, another wired for healing like probiotics, and many somewhere in-between the duality like commensal biotics. This is why instead of imagining angels and devils, one must understand that ordinary humans sometimes come as these things according to their natural wiring and subsequent choices. As all these biotic aren't good or evil, neither are these humans. They simply exist. But as certain aspects of our personality are easier to adjust than others, certain aspects of a person's fate are easier to adjust than others. Some would automatically change as your reality is continually influenced, others would require special attention to get NI to adjust the default values. Otherwise, you may delay and evade but fate would eventually play out. This is where willpower comes in, and why it can also be limited.

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There are three ways to approach Natural Intelligence: the front door, the backdoor, and the clueless door. Of these three there's only one safe door. But if we didn't even know of NI then we've certainly been using the clueless door. We'll need to learn more about nature to know how to approach it the right way.

The Nature of Nature

A great way to explain how nature works in relation to the dual universe is by relating it to our very own Internet. Artists often use a massive iceberg to depict the Internet as a whole. The tiny tip above water is called the surface web while the massive body below water is the deep web. When we browse the Internet daily, search for stuff, use social media, visit websites, purchase things, we are on the surface of the iceberg popularly known as the world wide web. The deep web is an area our search engines cannot see, hence invisible. You cannot google stuff that's on the deep web because it's not necessarily meant for the public. Such things as pay-to-enter websites, private forums, private networks, scientific databases, government resources, academic information, medical records, organizational repositories etcetera are kept there. You may have heard of the notorious dark web or darknet? This is a very tiny part of the deep web. This part is completely encrypted from the public. Understand the difference: while you may click some links that'll take you straight into the deep web without your knowledge, no link can take you into this darknet community. Not unless you use special browsing software such as Tor to gain access. This secret community boasts of a great population of eerie individuals and organizations conducting all sorts of shady businesses regarding drugs, weapons, stolen identities, hacking, assassination contracts, money laundering, spying, all the creepy stuff. Some use darknet just to be anonymous- not for any shady business. However, most of us regular Internet users don't even know when a link has taken us into the deep web. Heck, we don't even know there's a subsurface part called deep web, talk less of knowing about darknet. Do you see how we can be totally oblivious to a factual reality that's right under our noses? This is exactly how nature is huge and we use its NInet every day but we think life is only the tiny visible tip. Thus, we are The Clueless Door Crew. Those who understand NI better and use it positively are The Front Door Crew. The opposite of which is the backdoor crew who manipulate it for selfish malevolent purposes. These ones are the equivalent of shady darknet people. But we'll get to them later.

When we hear of paranormal things such as miracles, witches, haunted houses, or black magic, all things spirituality, we tend to grow skeptical and question the authenticity of these. Our culture even goes as far as labeling those who make these claims as eccentric. But you probably know better by now; such attitude reeks of ignorance. However, because the nonlinear universe is too convoluted and illogical to be rationally understood, science runs away from it. Any smart person would run away from headaches. But as established earlier, it is imperative that we first have a mature understanding of things. If you have ever wondered why the old world seemed full of mysticism but now everything's gone, wonder no more. It is not that gone; only gone below the surface. Pagan expressions such as "Touch wood" for instance are not entirely superstitious as we assume, for natural beings did reside in the woods at some time. Case in point:

Author Notes: picture a group of kids venturing into friendly woods. I was an adventurous one ahead of the pack, an older sister a few steps behind, and the other kids way behind. Just ahead of me I saw someone reluctantly get up from where they'd probably been laying. I couldn't see the face but the person carried a basket and wore clothing that looked like rags from shoulder to waist. Now, this person's entire figure looked weird to my brain but I couldn't delineate exactly what was weird about their figure. Suddenly things clicked: this was the woods. No one lives here. That head's too big for a human head. And that's, what? Goat legs?? I took off yelling "run!!" My sister saw me running and ran too. Or so I figured. When the pandemonium had ended with all the kids safely out of the woods then asking why the hell we were running, I was pretty sure it was some kind of mind trick so I wasn't eager to speak. Then my sister describes the exact humanoid thing I'd seen down to the goat legs. Turns out she saw it too. Imagine the chills that run down your spine when you realize a frightening illusion was real after all.

Despite my many unusual experiences in life, I grew up staunchly science-oriented and would struggle to reconcile my mind with any "unscientific" realities. I never bought into religion or superstition- still don't care for them. However, I realized that my refusal to believe things I experienced was not in a fearful bid to deny them, rather find a rational basis for understanding and explaining them. I wanted nothing but plausible truth. And upon understanding the natural order I immediately grasped how and why such paranormal things are in fact normal in our world. Now I can easily explain them. Many other humans have had baffling experiences that they struggle to understand in a retarded culture that bullies anyone who dares to share. I implore you to henceforth desist from such immaturity. Know that there will always be the attention seekers, the charlatans, and the genuine. And for the record, that creature posed no threat whatsoever; it was simply getting away from the disturbance that was us. Rest assured if you went back there with a search team you would find nothing and no trace of it. This is exactly how such dual-state creatures pretty much left this physical plane.

Have you observed that if not for the tenacious efforts of governments and organizations to preserve wildlife, several animal species would be extinct today? Now see the connecting logic: the natural world tends to disappear wherever our artificial world appears. We would find fossils of physical animals, but not of creatures that could switch between planes and somehow leave no bone prints. These would only exist in folklore, myths, and legends, with no practical proof of their existence. You see, technology would become more nature-friendly as we continue to unravel the secrets of the universe. But for now, our greenhouse gasses and machinery noises sicken all of the earth, it's creatures, and us too.

Moving on, some people have theorized about a fourth or fifth dimension, and hypothesized that other beings may very well exist there. Kudos to them for such nonlinear reasoning. But rather than dimensions, our actual universe seems to operate in spectrums.

The electromagnetic spectrum is a great example of this, as well as the periodic table. So while the concept is technically the same as dimensions, I like to think of this dual plane of existence like a spectrum from the positive end of the constants to the negative end of the variables universes. Let's call it the Existential Spectrum. All things in existence fall somewhere on that spectrum. Elements vibrating towards the positive end would exist mainly as material, those towards the negative would be mainly energy, and anything vibrating at the center can switch between planes. Do not confuse this with just matter and energy though; for this existential spectrum is higher than matter and energy, covering everything existing in the universe (e=c+v) whether visible, detectable or not. Understanding this spectrum is the secret to making things vanish from plain view, jump through space, or pass through solid matter. Now, let's get to the human being.

A human is predominantly material and towards the positive end of the spectrum. It, like all other living systems, should be thought of as a device. The "soul" is merely life energy- an animator activating all living systems like a battery in a phone powering it ON. The brain plays the roles of a CPU, Transceiver, and Memory card, using sensory signals to connect with both universes just like a Smartphone connects to the Internet. This brain is what gets the human device to display "WELCOME" OR "I AM" before proceeding to boot operating system files, memory files, and then begin universal communications. Understand that every mp3 or other files you download are actually present on the internet as data, which is just a bunch of codes. The brain is also capable of projecting a "data version" of you like a hologram that travels through the data side of nature- the nonlinear roots universe. Keep in mind that just as the internet is all around us with invisible data flying everywhere, the roots universe is also active all around us right now. A sensitive dog would sometimes perceive elements of this universe then begin barking at a specific nothing. But you'll probably go "What is it, Kyle?" like a blind person. Some children perceive it too since they are still free from the mental clog of an adult's mind and therefore more connected to that other reality of nature. But adults would dismiss their perceptions as baby chatter. As we grow up and get sucked into the realities of one universe we mostly lose all consciousness of the other. Yet roughly 80% of our life is spent in that universe via the brain. Creativity, thoughts, ideas, and inspiration are all a result of the brain being "online" in nature. That's why it is possible for you and someone in another continent to both have the exact same idea then wonder who plagiarized whom. Understand that the brain is literally the mind. And as the roots universe is convoluted with different layers, so is the human mind. The farthest depth of the human brain is the part storing your core files according to DNA; some installed by NI while your brain formed, others later downloaded by your brain. It is this downloading of information that eventually clogs the brain's transceivers. You've probably had moments when you woke up and it felt like you didn't know anything, then your brain boots and you remember stuff. In those moments your brain is working close to the base layers. If it hit the farthest depth you would only know I AM; no idea what sort of organism you are or if you have a head, legs, arms, nothing- blank. Those who have had such blank

state experiences can immediately relate to this description. These farthest layers of your brain that store your core files are called the Subconscious because, though they run your life, you cannot consciously remember or access them. If you were a tree, your mind would be your roots while the subconscious is the deepest part of those roots. Besides running the body, your brain does three things: projects information, perceives information, and explores the nonlinear universe of data. The challenge is in telling which one you're experiencing. When awake this is pretty easy to tell; the brain is mostly projecting and perceiving information via thought, imagination, inspiration, premonition, apparition, déjà vu, etc. But in sleep, the mind is free to wander the data universe, and this is when it becomes difficult to differentiate. You see, most dreams are your mind merely *projecting* information like a phone playing a video, sometimes you are *perceiving* visions or symbolic dreams like a phone camera recording stuff, and sometimes you are actually *exploring* as that hologram data version created by the brain. But again, it's hard to tell which is happening. However, it is possible to train your mind to slip into this hologram exploration mode during the day too. If you get it right it would feel as though you are falling asleep, drifting away from your body. But unlike regular sleep, you would feel strangely aware of what's going on, and you may try to lift your arms or legs but they will not respond because your brain has technically left your body. If you panic then your body would snap you back in and you'll open your eyes. This reflex is designed into our physiology to protect from harm in both universes. It is this same reflex that causes you to auto-flinch from danger or when you touch something hot. The protection is absolutely necessary because harming your data version could have an adverse effect or even cause death in sleep. Thus, your body takes no chances regardless of whether you are merely projecting, perceiving, or actually exploring. That's why the phenomenon is rare and nothing to worry about. In fact, don't internalize any of this; just learn it, as your knowledge is your power. Now here's the part most important for your overall wellbeing:

Have you noticed that emotional issues can make you sick with real physical symptoms? This is because the mind and body are one, so an ill mind can quickly translate into an ill body. However, you would observe that though medications may relieve such symptoms, they will not get rid of it until you maybe call up your lover to resolve whatever's causing it. And then it's makeup sex time!! I'm kidding. Now think: how would one tell the difference between a physical and an emotional cause if the symptoms are exactly the same? See? That's the problem again; these things are nuanced. But here's an even bigger problem: as we have pathogens in one universe, there are also pathogens in the other. Think of them as internet viruses. They are invisible energies that can latch onto a person's data version or mind and corrupt it. So we can say: a person's brain downloaded or exposed itself to a pathogen. Such a person then shows symptoms of being ill. However, since the physical symptoms are the same it's hard to tell biological causes from these energy pathogens. For a very long time, religious people thought this was demonic while the scientific thought it medical. Sometimes mere vitamins are given to the "possessed" fellow and poof! Demon is

gone. Science would then shake its head in pity. Then on rare occasions, no medication would work and the religious folks would go "Aha! See? These things are demonic" neither of them understands these nuances. You see, the energy pathogens are not necessarily "evil" sent by some Satan dude, just as bacteria and viruses are not necessarily evil. They simply exist in nature. Traumatic events, negative emotions, extreme fear, all these are examples of mind vulnerabilities that can allow the pathogens to jump onto a person's mind. They act exactly as bacteria and viruses; corrupting the organism's data or merging with it to produce some kind of negative effect. Humans have immunity just as with biological pathogens, so the effects are often temporary and would go unnoticed. Perhaps a period of random depression unrelated to anything, baseless procrastination, bad dreams or negative events, all normal stuff that soon go away- just like cough, flu, or mild fever. Fact is: whether you realize it or not, many people you know are currently walking around with energy pathogens that soon disappear. Besides, a healthy mind can hardly accommodate these pathogens just as a healthy body can hardly accommodate bacteria. So no big deal.

Now, understand how the more serious of these pathogens work: you have a brain that's functional. Some "online" virus corrupts it. You will physically and mentally have no idea of this infection and will continue your life normally. But the brain then begins behaving like a computer with a virus. It could trigger inappropriate cell growth or an autoimmune response, making you physically sick and hospitalized. The brain may physically misbehave in test results too but the cause would be unknown. Other effects could be strictly mental. For instance: your thoughts and words may become dark and depressed. You may lose all motivation and become suicidal. You may exhibit vices that'll baffle even you; such as kleptomania, nymphomania, schizophrenia, multiple personality disorder, bipolar disorder, and the likes. You may express extreme anger or violence then wonder what came over you because it's unlike you. You may continually have nightmares or random visions that torment you. Perhaps negative stuff like accidents and mishaps keep happening to you- because the virus is running in your subconscious which influences your reality. If you spoke directly to the mind of a person infected with such viruses they may say dark esoteric shit like it's not them speaking. But it's them- only sickened with some type of energy virus. As with spirituality generally, the virus would express based on the person's own mind. Like a drug effect, this corrupted mind could become heightened and access powers or knowledge that's beyond the range of an ordinary mind. The "probiotic" versions of these energies can also empower a person to do things such as speak in strange languages, know stuff, heal, have weird powers that are somehow positive. We will not go much further into this field, as trying to explain that complicated other universe is always like going down the rabbit hole. But rest assured life is not all that you physically see and hear atop this iceberg. There's much more than meets the eye. However, keep in mind that extreme cases of these infections described are rare because the natural order is designed to prevent such. But others are way more common, currently causing people to rot away in

psychiatric wards, become jailbirds, struggle with relationships, or live on drugs that don't seem to do much for them. All the while these same victims would say things like "oh I don't believe in such nonsense" because that's what our culture teaches. Nevertheless, do bacteria ask what a person believes before infecting their vulnerable ass? Think of how the ancient people also thought everything was supernatural, which was illiterate of them. Literacy here is to delete the word "supernatural" from your vocabulary since all of these scenarios are absolutely natural. If Siamese twins are not supernatural, and the flu is not supernatural, then energy pathogens are not supernatural. They are all elements of nature, subject to the respective laws of nature.

Now, should a person exhibit these symptoms, one should first consider the more likely biological causes. If the ailment then proves to be an energy pathogen i.e. unable to medically locate the cause, forget medications unless to numb the physical symptoms. Taking medications is the equivalent of adding manure to the leaves and stem of a tree when the deficiency is in the roots. Therapy has a better chance of affecting such causes, but therapy hardly understands nor goes deep enough. This is where NI comes in, coupled with a person's greatest weapon: fearlessness. We will get to this later, and you will understand how humans are naturally fitted with an antidote. Let's carry on for now:

You see, advanced Front Door Crew such as chi masters, spiritual teachers etcetera, can use their mastery of nature to heal several ailments. Just as the Backdoor Crew can wreak havoc on vulnerable humans. These malignant lot may act individually or as part of some shady darknet-ish organization. However, as you cannot guess who logs on to darknet to do shady stuff, you cannot physically know a person who engages in shady nature stuff. They're normal people, unlike the fancy pictures Hollywood has painted in your impressionable little mind. Yes, I said it; bite me. Kidding! These folks are very common in voodoo societies of parts of Africa, Haiti, Brazil, etcetera. And you would also remember such from ancient Egypt, middle ages Europe, dark secret societies, and many other "underground" places. Have you ever reasoned that the witch-hunt of early modern Europe between the years 1450 and 1750, besides bringing death to several innocent people, also successfully purged the region of actual practitioners? Thus, the decline in superstition and the establishment of the modern culture where witchcraft is considered not-a-real-thing by newer scientific generations? This is a chronological effect. Keep in mind that such "sanitation" exercise never happened in certain parts of the world and thus, such places still continue to experience these realities. In 1998 DR Congo, L'Avenir, a local newspaper in Kinshasa, reported that 11 members of a football team were killed by a sudden lightening which inexplicably left all members of the opposition unscathed. Such events would baffle science since science understands neither the nonlinear universe nor the Backdoor crew. And if you're thinking:

"*Eeww! I don't like the sound of this whole Harry Potter shit. Are there still such people practicing dark arts secretly? If there are, we should rally them and burn them all. Fucking witches!*"

Well, I cannot deny that I too have not imagined a much brighter world without such malignant bunch. But I must tell you, George of the Jungle Justice, that if you fancy the idea of burning witches at the stake perhaps now would be a good time to travel to Turkmenistan and jump into that fire pit in the Karakum desert; seeing how you too are a fucking witch. Indeed every human is technically a wizard. As long as you exist in human form you are a Smartphone connected to NInet. All your ideas, wishes, desires, thoughts, words, actions, are reflecting in NI as expression. This is nothing different from what both the front door and backdoor crews do. It's like an erect penis and a flaccid one. You're the flaccid one because you are currently clueless. Once you get aroused you'd be all pointy like nipples, adjusting the variables for your wellbeing as nature intended that you do. So, careful how you point those potentially witchy fingers of yours.

You see, because NI is an algorithm, it is as powerful as it is unforgiving. You could do damage messing around with it. You can also do a lot of damage by being clueless about how it works. Perhaps setting your own house on fire then crying about it. Case in point- the suffering of many today. But the one thing worse than being clueless is trying to hack NI by learning dark secrets and whatnot. Backdoor Crew are basically hackers of nature. And unless you are extremely careful there will be palpable repercussions when you tamper with the force. Observe how societies that routinely practice dark arts remain dark, poor, and retrogressive. Just like middle-ages Europe. They are moralistic, negative, and would surely cause retribution by the force. Only a society where these things are practiced with great discipline and understanding can be any progressive. This is why the wise would generally try to hide nature's secrets from humans. Science is truly good for the world because it brings a non-moralistic approach of cause and effect which aligns well with the force. However, nothing is good in the extreme, and the extremism of the modern science culture is how it currently misleads humanity. It takes a rounded understanding of nature to heal such things as corrupt subconscious files, energy pathogens, etcetera. Only those with inner maturity will be able to understand this much, and only those with self-discipline would be able to utilize such understanding effectively. These are the front door crew.

The Discipline of Nature

When a couple of record label executives heard this beautiful young lady of 19 singing at a picnic with her family, they could not resist approaching the group- anonymously. Commending her angelic voice, they politely requested her email for friendly interactions. Which she obliged them. A few days later they contacted her to offer an irresistible deal. It was simple; she would sing, and they would make her rich and famous. All she had to do was sign the deal. The young lady smiled after reading the email. Her family would be so proud of her, friends would envy, boys around the world would go crazy, and arch-rival Lisa can go suck on a tiny banana now. This was a dream come true. Perhaps that's why she smiled. But the label executives were astounded by her reply. It read:

Thank you so much for this offer. I tell a lie if I say I'm not both flattered and exhilarated to the bones. However, for one simple reason, I'm afraid I must decline. This reason is that I do not wish to change my principles. You see, I have tattoos all over my thighs, I smoke like the chimney of a burning house, and I regularly sleep with members of both genders. I have consciously chosen this lifestyle and frankly, I couldn't care less what anyone thinks about it. But if I become a celebrity, young people everywhere would worship me. They will model their lives after mine and copy all that I do. Their friends who may not want tattoos will eventually get these just to belong. Many who wish to stay chaste will soon give in to the trend of the times. A whole generation may then do these things as the norm. But while I chose this life, bearing all consequences in mind, but they didn't. They simply emulated behaviors of which they know not the origin or the repercussions. I do not give a shit about morals but I do give shits about the effects of my actions. And seeing how I am not willing to change my principles for anyone, I have humbly turned down this offer. Thanks again!

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In everyday life, we often forget that body and mind, being two sides of a coin, operate by the same principles. A person could be unnecessarily afraid of rats and clueless about how to overcome this fear. But this same person understands how to develop stronger muscles through physical exercise. If they realize that the same principles govern the material and immaterial, they'll easily work out the mathematics. Observe: for a human to become stronger (Human × doses of strenuous exercises × time frame = stronger muscles). Therefore, for a human to be less fearful of rats (Human × doses of ratty situations × time frame = stronger immunity to, errm, ratism) See? This understanding of body-mind principle transfer can then be used to assess many other areas of life. Such as:
In order to maintain a healthy weight or produce healthy babies, we discipline ourselves to eat healthy foods. Therefore, in order to stay positive or be more productive in mind, we must discipline ourselves to eat healthy information- things we see and hear.

We observe that upon waking up each morning, all seems to have been reset within our body in a way that we need to do it all over again. And we do: eat, drink, exercise, wash, brush, defecate, etc. We leave nothing out lest our body suffers consequences. Therefore our minds are likewise reset each day and must be fed all over again or it will suffer consequences.

It immediately becomes clear that we are elastic beings needing to be worked on regularly or our system will produce undesirable effects. But this fact eludes us in our daily lives. We often think of discipline as something only necessary for specific people in professions such as sports or the military. Nay, it is necessary for everybody everywhere. If you stop eating, you die. If you stop sleeping, you get brain fog. If you refuse to empty the bladder, you pee yourself in public. Our usual failure to notice links is why we embrace basic discipline imposed on us by nature as "normal human stuff" then foolishly shirk other forms of discipline because why not. We are like that guy who, as long as his car drives well, forgets that it requires continual maintenance. One day this car suddenly breaks down with sickness or depression then he steps out in flip flops to open the bonnet and tap the engine with a red spanner. Dweeb. Most of us are discipline-shirking dweebs behaving however we please then crying foul when nature strikes. But let's observe nature: the sun rises every morning just as the earth rotates the seasons whether or not they are in the mood. If nature were not disciplined then it would be erratic like us. You would plant an apple seed and it could sprout an orange tree just because of mood. The earth would freeze in its tracks with no explanation whatsoever, then it would continue moving again. Geographic and scientific measuring instruments would be useless since nothing is consistent enough to measure. And let's not even get started on gravity; you playfully throw your baby up and gravity would seize, floating your baby away into space. The only reason we are able to predict natural disasters or consistently survive on earth is that nature is disciplined.

You've probably noticed that the concept of discipline here is neither authoritarian nor moralistic nor any conventional idea of discipline, no. It is simply an awareness of what produces what. It is a sense of cause and effect, action and reaction, decision and consequence, necessity and invention. The absence of this discipline is the ultimate albatross of humanity. Notice that our societies pathologically lack this sense? In a bid to provide fair governance, many governments make a mistake of placing powers in the hands of immature humans who then use such powers to make detrimental decisions for themselves and others. Several public figures disavow any responsibility for their own powerful influence, behaving however they wish despite the exponential negative effects on others. This is puerile; to think one can wield influential powers and do as one please simultaneously. Can you hold a flaming kerosene torch in your hands and swing those hands as you please? Thus the league of blind leaders blindly leading blind followers. One cannot fault public figures though, for there's been a general misunderstanding of nature since time immemorial. The epochs of religious piety were none the wiser. Whatever mob

cruelty you witness on social media today is exactly what was done back when humans wielded pitchforks and stones. So our technology only makes us digital barbarians. Today, a person can sexually identify as a balloon. This same person would then throw legal tantrums when someone giggles. But if a person chose to sexually identify as a balloon should they not embrace the giggles as a normal consequence of such an irrational choice? If a lady chooses to dress provocatively and then attracts the majority of males whose sole mission is to fuck her brains out, should this come as a surprise to her that she begins crying about all males being dogs? If a guy chooses to perceive females as items-to-get by socially harassing or whistling after her with no consideration for her privacy and feelings as a human, the type of girls that'll agree to date him would likely end up fucking his suave friends and he'll begin crying about how bitches aren't loyal or females are shallow. These absurdities are considered normal in society though; movies, media, and irresponsible government policies all promote such "freedom of behavior" with no mention of repercussions. Liberty is good. However, a sense of discipline must precede liberty; for liberty without discipline equals chaos. So our chaotic emotions and lives today must somehow link back to this ignorant form of liberty that society wields.

But let's trace the crux of this problem: parents lacking nature's discipline will behave according to their whims, inadvertently damaging their child's emotional development. This leads to new generations of humans with issues who would damage their own children too and think it normal. The gifts that keep on giving. Romantic relationships are the bedrock of society and thus, where this sense of discipline should be emphasized. For instance: a male might seek to date a decent and responsible female, then complain when she makes a fuss about him throwing his stuff around the house like a proper pig. He should realize that being decent and responsible means she is principled, and her tidiness is a natural consequence of her principled nature. There are also females who seek out highly attentive males for dates, then get upset when she can't seem to get away with smart lies or mind games. She should realize that his ability to see through her bullshit is a natural consequence of his attentive nature. Equipped with this discipline, rather than such things becoming a problem in the relationship you would embrace the annoyances as part of the deal you bargained for. You may negotiate ways to balance things with your partner but you would never attack or punish them for being exactly what you asked for.

Becoming aware of this discipline also means you'll begin to take notice of how even your smallest actions or inactions can reflect back a consequence, and why you must never blame these on an external being, the government, but on yourself and that choice. You are able to distinguish between variables you can control and those beyond you. Thus, you naturally begin taking responsibility for your life. If you assign any blame, this will be well researched with all causes and effects noted. You will not be caught with preposterous pet peeves like the majority of immature people on TV and in your life- for their attitude is the real threat to society's well-being. Nobody takes naked fire to a gas station unless their

intention is to burn down the whole place. But many of us do the equivalent in life. That's why the enlightened always advocate nature's discipline to protect people from that unforgiving force that is NI.

Fun Exercise: think about your life now; anything that happened or is happening to you. Try to trace all these back to a decision you made, an action you took, or one you did not take. In every situation henceforth try to notice your own role or how you might be causing it all together. Most times you will find the linkage, sometimes it will be beyond you. Do not worry about whether something is right or wrong; simply observe what effect it has on you, your life, or those around you. Do not consider drugs, alcohol, pornography, and such good or bad. If you like sex toys, for instance, do not let a feeling of guilt or shame haunt you. Nay, dismiss such feelings as nonsensical morality. Only ask yourself the vital questions. Perhaps read up on their effects then decide whether you are fine with those, whether to throttle your usage, or whether to abstain for your own good.

Tip: Ever seen a whirlpool? Certainly. It starts as a tiny dot in the center then spreads into a swirling mass. Notice that nature uses this whirlpool symbol in major places such as galaxies or powerful storms. That's because NI often operates like a whirlpool in principle. Picture it this way: expressions or actions that register as positive create a tiny force that begins spinning in a clockwise motion. If you continue expressing this positive cause, the force swirl as it gets bigger. You would then begin feeling its "wind" or effect. If you continue feeding this positive cause it will become a whirlpool moving with little effort on your end. However, if you register negative expressions, at first all will seem fine but you have created that same thing in an anticlockwise motion. Keep it up and soon you'll notice the negative whirlpool effect. This is what reflects in reality as good habits or bad habits, and is also why wealthy people often get more wealth or miserable people more misery. It is all principles of NI. We would call this phenomenon The Whirlpool Effect and refer to it much later.

PART II

The Creative Formula

A famous man known for owning a conglomerate as well as a popular airline, found inspiration for this airline when a flight he was to board got canceled. He hired an airplane and got a blackboard to write the name of a fictional airline as well as flight fees, then advertised this among the other disgruntled passengers who began signing up for his fictitious airline. This chartered flight took off and thus, Virgin Atlantic was born in 1984. Observe the progression of this process; can you notice the absurdity of it? Things tend to look easily plausible to us in hindsight after they've happened. But imagine being a person in that room who could charter an airplane, and perhaps your friend suggested that you seize the opportunity to start your own airline, several things would pop into your mind: legal licensing concerns, ethical concerns, what if the passengers consider you an opportunistic bloke trying to take advantage of the situation, or a wanker, etcetera. These thoughts may not be rational but they would ravage your mind and cause you to dismiss the idea. You'll probably sort out your flight and get out of there. So how was Richard Branson able to pull it off? Well, we've all heard about confidence. We also know the magic of confidence in business and in life generally. So the real question is: what exactly is this confidence, and how does it work its magic?

In physics, there are two concepts known as Force and Resistance. A moving vehicle is being propelled forward by a force created in the engine called Thrust. But as this vehicle moves forward there are natural resistance forces moving against it called Friction and Drag. For easy understanding: friction is basically the weight of your vehicle itself, while drag is the wind blowing your hair backward when you stick your neck out of a moving vehicle. Do this safely. Gravity also encounters drag when pulling objects down to earth. In fact, once any force begins to act on any object, resistance forces begin to react. This is the order of nature. But here's what must be understood: for any object to keep moving, the applied force must be greater than the resistance forces. This means that for your vehicle to keep accelerating, the thrust your engine produces must be greater than the friction and drag combined. Now if you lift your foot off the gas, the thrust becomes too weak and the resistance forces will stop your vehicle or even roll it backward. Have you ever seen an old car going up a steep road then coughs and begins rolling back? Well, say hello to the resistance forces. This is all very basic physics but it can help us understand the formula nature uses: F>R=M.

In words, this means: when Force is greater than Resistance there will be Movement. Force is a necessity or desire while resistance is inhibition or fear. These opposing forces are always at play in nature and in our lives, calling the shots whether we realize it not. They always come paired, playing cat and mouse. Nature has a thing for dualities. Anyway, in any given situation your force will either prevail or your resistance will. Pay some attention and

you'll quickly notice that all of nature is unwittingly using this very formula: Yay Shane, the Lizard, ecosystems, wildlife, evolution, human societies, planets, many things you will soon observe yourself. Once force overwhelms resistance, this becomes a necessity. Necessity is what drives governments to change faulty policies. It is what drives NI to execute Natural Selection. Necessity would always cause motion in nature. When a need for more efficient long-distance communication led to the invention of the Telephone in 1876, little did humans of the time know that Natural Intelligence was at play there. Likewise all other great inventions or creations by humans who have all unknowingly used this formula. You certainly understand by now that NI is behind all artistic and scientific creativity in life. Inspiration is simply a probing of the mind, consciously or subconsciously. If this probing overwhelms your resistance or distractions, NI would move you towards inspiration. It is then up to you to pay attention. It often comes like gold and dirt which you must sift. The reason for this is that human "receptors" are scrambled by both cultural and social distractions. But a prudent mind sees the answers nonetheless. This is how inventions come about. If you have ever written a book or built a house you would notice the progress from idea to sketch to structure to finished. And although writing a book may be inspirational while building a house is structural, the one thing common to them is that force overcame resistance i.e. you did not stop your desire to do it. Many people who have achieved great things in business or elsewhere would attest to the fact that sometimes you have no fucking idea what you're doing, but it seems like something keeps subtly nudging you forward when you think you are done for. At the same time, it would feel like something is against you trying to do you in. This is the formula at play. Mastering it is your natural power to affect your feelings, life, fate, willpower, everything. Do not feel anxious about whether you will succeed or fail at something; measure your force vs. resistance to know the probable outcome.

For instance: in our earlier example, Richard would say "my desire F was to seize that moment to create my airline, and my fear R was that I could end up embarrassing myself somehow. Since I'm not shy, my force was greater than the resistance and I achieved my aim" Great. Congratulations! But what if he were very shy? Then his resistance would have been greater and would stop him from executing his desire. Then he must either reinforce his desire or betray his shyness. He must somehow make his F greater than his R if he wishes to achieve his aim. So how would he practically do this?

Tip: You already understand that the Creative Force or Natural Intelligence is an advanced algorithm that does not conform to human logic, rationality, or morals. A savvy captain has a greater chance of enjoying their voyage, yet every captain is at the mercy of the sea. Nature is the sea, you are the captain. The following is a compass to guide the captain.

Code 1. Become Nothing, Become Everything.

Two mischievous boys ventured far into the woods and encountered two wild bears. Upon seeing the bears both boys ran in opposite directions, and the bears sprang after them; one on each boy. The first boy, noticing the assailing bear gaining on him, decided to be cunning instead of running. He stopped in his tracks and began laughing uncontrollably, as if something particularly hilarious were happening. The approaching bear naturally became confused and stopped to inquire why the boy was laughing. The boy then replied between bouts of laughter "Well, I don't mean to be rude, but it's you! The way you run is so hilarious. Have you ever seen an extremely obese person run? Yeah that's how you look! You look like if Ken Davitian and Danny Devito had a very fat baby. I mean, I'm no physiotherapist but you should totally hit the gym before attempting to chase folks around. Gosh!" he continued laughing as he ran away now. Eyes cast to the ground in embarrassment, the bear stopped chasing. Meanwhile, the other boy had also noticed his bear catching up and played the same trick. But just as he was done mocking and turned to run away laughing, this bear grabbed him by the belt "Not so fast" said the bear "yes I'm fat and obese and I look pathetic when I run and all that, but I'm also hungry. So could you please go jest in my stomach? As in die-jest? Get it? haha" then it ate the boy.

Context: we are currently the first bear. Our aim is to be the second. But we cannot do this running Egosystem 1.0. We must update to a more impersonal operating system which we would call Levitate One. L1 would make you weightless enough to fly above petty human inhibitions. But installing a new OS mean you must first allow yourself to die to the old one. So, die now.

Death

Yes, I mean die! Die to everything you think you are. Who are you again; tell me your name and your position in society? Sorry, I could not hear your puny voice over these loud tribal drums of how you are nothing! Nobody. You have no importance. Fuck you! What are you most self-conscious about? Tell me. Aha! Yes, you are that thing. You suck! You just can't do anything right that's why your life is shit. Look at you: growing up, no vision, no talents, no relationship, worthless fellow! Why worry about your rent when you already sort of look like a hobo. If you joined the military your rank would be cannon fodder. Yes, your dick looks like a pinky finger. Your boobs are like baby oranges too small to squeeze. Hahahaha! Pathetic. Wait, what? That you're physically attractive and also successful? Who cares if you're physically attractive when underneath you're literally skull and bones. Your teeth like a forever-grinning donkey! And what's all this fuss about your wealth, intelligence, elegance? Spare me the facade! You fart and take a shit daily, you nincompoop! You poo-poo pouch! You're really special, aren't you? Your life is so important because many people adore you and all your valuable contributions to society. Yes, but one flimsy accident and poof! You're history. Stinking maggoty history. All your talents, skills, important plans, ambitions, cast into the wind. The other organisms you call fans to post insipid eulogies about you on social media. It's like when an accident happens and random spectators rush to the scene to fake sympathy. Everyone soon moves on: hires someone else, adores something else, fucks someone else, makes new friends, even family struggles to keep memories of you because life is busy. They must mark a date to remember you or they will inevitably forget. And here you thought you meant something? Fuck you in the name of the Kama Sutra!

Now listen, you ego-wielding blob of edible meat, surrender your ego! Declare now: *I am nothing! I have no importance whatsoever!*

Say those words over and over. Let them reverberate throughout your being. Get angry if you must- at yourself! For being so dumb for so long. Say those words like a teething child in pain. Think of everything you have then imagine you lost it all. Everything that makes you who you are- gone! Job, education, beauty, relationships, family, friends, cars, clothes, estates, investments, reputation, honor, accolades, ambition, sexiness, poof! You are dead. You cease to exist. Your friends are messaging each other on WhatsApp as usual. Someone is trying to "be there" for your grieving partner but you can't even ward them off. Your colleagues are calling each other for updates on that project. It's no longer your project. They held a minute silence for you but that was it. Coffee, lunch, laughing, meetings, inside jokes, the usual stuff soon commenced. Your name barely comes up anymore. You are standing and watching the world so easily go on without you. Now the tears begin rolling down your eyes. It's not fair. You feel betrayed somehow. You try to not feel that way but it hurts so much. It's not because the world moved on; it's because you sacrificed so much for

this world. Why did you wake up every morning rushing to engage the same routines if it would only amount to these lonely tears? You always thought you had no choice but isn't that just something you told yourself? Isn't that just something the world tricked you into believing? The media and social media kept painting a picture that those who are socially successful are significant while others are insignificant, which is why you felt like you had no choice but to struggle and be significant. But now you look around and wonder where's the whole significance you served for. How could you have spent your life serving such a treacherous world? And those things you really wanted to do, why did you not focus on doing them instead. You could have moved at your own pace, doing only what was truly necessary for your own pathway. It's a little too late for regrets now. You are alone and actually insignificant. Now, say those words from the depth of your heart: *I am nothing. I have no importance whatsoever.* Is there a song that sort of stirs your emotions? I'll suggest "Clocks" by Coldplay but different strokes for different folks. So play your own song to get you emotional. Bawl your eyes out in a melodramatic manner if you like. Shed those tears now so that you won't have to shed them in the distant future. Once of the most painful things is looking back on your life and wondering where all those years went; a heartbreak you cannot really recover from. So let all those years go now and mourn them in advance. Goodbye, world, it's been quite a journey. You should feel empty, poignant, and vulnerable. This is only when you may proceed.

Healing

Phew! Now that we've dealt with your shitty human ego and put your ass in perspective, it's time to install. Remember how crucial the root is to the plant? Your subconscious is the part where all those buggy Egosystem files operate from. Many of us have been damaged either by insensitive upbringing, ignorant society, or traumatic events. This is why you often have little control over the way your mind reacts to situations. Fears from your past may haunt you over and over. You procrastinate or self-sabotage because you worry too much. You keep attracting the wrong people into your life. Deep down you feel unworthy and unlovable. Life often proves you right. But you already understand how these roots problems work so grab your wizard hat and let's get wielding. We are going to use expressions to create a Whirlpool Effect in nature. When you express with intent and direction, it will penetrate the soil and affect your roots according to your intent. Soon you will see the healing effects manifest in your reality. Do this as often as your lifestyle permits. Always think of it rationally: if your roots are poisoned you could literally inject a healing syrup every now and then, knowing that your consistency will result in sweet fruits up on your tree. The best times to penetrate your roots are when you are about to sleep and when you are freshly awake. At these times your brain is logy, so you easily bypass its noise. Other times are okay too, but these two moments are most effective. The "syrup" is a set of carefully worded commands. The one provided here is for general healing and brighter life. You may study the wordings and write others according to what specific areas of your life you wish to affect. You may create a calming ambiance with soft music, or you may go jogging, or dance, or whatever makes you feel empowered. Remember, this is no child's play; this is nature. You are a wizard by virtue of being human and this is the front door to NI. So begin by confirming what you truly want to yourself "I want to heal. I choose to heal" then say the following words with authority to move the Force:

I fill my soul with humbleness to make way for the Light
I fill my heart with gratitude for health in day or night
I forgive all my judgments and I let go of my fear
I levitate above the world I cease to have a care

I purge my mind of memories of trauma deep within
I delete files of poverty and negatives in me
Replace the files with treasures, beauty, confidence, and glee
Surround myself with energies and forces good for me

I seek aright the things I seek I bountifully find
Abundance is the way of light I excellently shine
The love I'd love to love me shall be right and mine to keep
My days are calm and breezy and my nights I sleep in peace

If you begin having what feels like odd dreams or just new experiences, don't fret. If your countenance seems to change towards things, do not panic. This means something is happening in your roots and your tree would naturally show signs. Your only concern should always be whether the cause is positive or negative. In this case, your healing syrup is absolutely positive and thus, more reason to continue doing whatever you are doing; powering that whirlpool. Understand that you've likely been in an anticlockwise whirlpool with all the negative things you say to yourself, so give the healing process reasonable time to diffuse and balance things out. Some people would notice signs almost immediately while others would take a while. Either way, this step is crucial to replace corrupt root files. Remember nature's formula: F>R=M. Keep this process going and you will feel the results.

Birth

Welcome to Levitate One! You are now ready for the straight answers to those pivotal questions from the very beginning: what is nature, and, what are we. Let us use comprehensible context:

There's a sun, a giant tree with several branches and all sorts of things growing on them, and also leaves growing on the tree. The sun gives life to the entire tree, the tree gives life to things and leaves. However, unlike many other things growing, the leaves contain chlorophyll to nourish the tree using light received directly from the sun. Thus, the leaves are like intermediaries; grounded on the tree while also interacting directly with the sun.

Explained: this Sun is the pure white light- source, origin, Divinity. The giant tree is nature- the entire universe. The stuff growing is all manifestations from galaxies to bacteria. The leaves are the human elements within the universe. These can draw powers directly from the source to affect the universe. Thus, the unique consciousness in mankind which allows for inspiration and creativity. The leaves are designed to affect nature not as their chore, but as their nature. By merely basking in the sun the leaf nourishes the tree. So the purpose of the human is simply self-expression. The leaf will wither and fall away, and the life force will return to the tree. Therefore, the leaf itself is just another organism- a nothing, but the chlorophyll agency in its DNA is what grants it access to the Everything. Despite the many conflicting information thrown around in society, know the purpose of humanity straight and simple now: you are a prism, a leaf, an intermediary between Divinity and the system. This is why humans can be scientists or inventors capable of creating in a similar fashion to nature itself. This is why humans can be psychics, mystics, and geniuses. They get all these directly from the light source. But the light does not impose what you must or must not do with your powers; it simply shines on everything. Who says humans cannot build technologies to literally traverse the universe? No one. If you feel small because you live on a tiny blue dot, then you don't get that nature does not know size: for a microscopic bacteria can take down a blue whale, just as humans can rule the universe. However, there are also things bigger than humans which they must respect. Such as the force of nature itself- NI. Humans limited themselves by their own immaturity, ignorance, and irresponsibility with the force.

What the Egosystem culture does to humans is simple: it makes us unaware that we are intermediaries. So when you have trouble expressing yourself you would feel worthless, and when you draw powers to express yourself you would feel haughty. These feelings are very normal in common biological organisms but prove detrimental to agents

wielding much power. As a result of internalizing these opposite feelings, you would develop a judgmental attitude, judging yourself and all of nature. Thus, you will reflect the light in negative colors and malnourish the tree. Since you have no identity you will feel vulnerable, naturally seeking ways to gain significance. You will not understand that your entire significance is already within you as a leaf, not outside anywhere. So the prism misses the point of its existence by vacillating between worthlessness and haughtiness.

Thick Skin

Now that you understand, you'd want to find ways to actively stay ahead of the established ideals of our culture. For instance, in every passing moment, your lungs are there to remind you of the truth. Observe that death is imminent if you stop breathing? So while we typically count the years of our lives as milestones, life actually begins and ends in moments, just as NI creates reality in moments. Watch your breathing- your lungs say to you: *take this life, express yourself. Take this life, express yourself.* Use your breathing to realign yourself whenever you get caught up in the calendric realities of our world. You cannot stop making money or socializing, you need not run away to be a hermit, and you certainly cannot stop being human unless you literally die. But you can actively reserve your rights to levitate from the cultural ecosystem anytime:

When someone mocks the bald man of his baldness, he thinks to himself "*ah yes it is quite embarrassing to have such a bald lawn. If they sell artificial grass perhaps I should buy some to plant there"* he rubs his shiny bald scalp thinking this. Then he would come back to the moment and say "Aha! So where were we!" He seems unburdened by his baldness. He is not so self-conscious that he becomes depressed, no, he perceives his being bald as a cultural concern then levitates from all cultural concerns at that moment. Today he is here, tomorrow he may be gone. The baldness wouldn't matter then, why should it now. So he expresses himself anyway.

Let the beauty queen align her mind *"my force is neither beautiful nor ugly; it simply inhabits a beautiful body"* Let her clearly separate the two in her mind so that the culture can no longer trap her into worrying about her looks in every passing moment. Let her deliberately decide when and how to decorate her body, the same way she decides when and how to decorate her home. She no longer feels an unbridled compulsion to do this but follows her decision, discipline, choice. And when someone would say to her "Oh my dear you are so beautiful" she would reply in her own mind "*no, my home is beautiful"* and politely say "thank you" She no longer needs constant validation. She doesn't internalize the compliments or criticisms anymore. She knows exactly what she is; thank you very much. Society would always try to pigeonhole such into a model, an actress, a celebrity, or some trophy material. But unless this is what she wants, they might as well go to Everest and eat snow. Most physically attractive people get so caught up in the drama that they forget to develop other aspects of their nature, leaving them with only one talent that becomes a self-fulfilling prophecy: the world only needs them for their physicals. But with the new Operating System, such can put life in perspective, rebuff the wolf whistles and focus on authentic self-expression.

It is normal for the negative opinions of others to sway you. Especially if you have practical reasons to believe their assertions: your upbringing was not affirmative of your best qualities, your physical appearance is lacking, your mental prowess isn't impressive, your bank hates your broke ass, all these are reasons to feel small. Things that have affected us for a long time often create massive whirlpools in their own right, making it hard to just "get over" them. However, the trick is not to get over these but to always put them in perspective. Whenever your mind feels droopy or the usual depression hits, you have to remember that it is always down to your physiology. As in: nothing's wrong with you, but something is wrong with your current brain chemistry and therefore, your mind. So rather than internalize this awful perception by going *"oh I hate this life. Nothing seems to be working out. Can I just die already"* you approach it rationally, knowing that there's always a cause for every effect *"okay, why do I feel like shit right now? What exactly caused this awful brain chemistry?"* now you can address the feelings from a third-person perspective.

Start with basic material health:
"Have I had a good diet today? Did I get enough sleep last night? Have I washed and evacuated? Does my body need a little exercise? Or maybe sexercise?"

If all these check out then move to the immaterial health:

"Does this place smell healthy or stuffy? Have I been trapped in an unpleasant environment for too long? Have I been consuming unhealthy materials in auditory or visual formats? Do I need to drive out, hike, or walk for sensory stimulation? Is there a thing currently stressing my mind, such as my relationship, family, school, or work? Is it something I can address and be over with?"

You would likely hit the cause before you're done ticking all those boxes and the feeling would dissipate. Understand that all your poor opinions of yourself are because you are trying to matter to the world. And even though you know there's nothing in the world, you must deliberately control your perspectives or this world will control them by default. For instance: many empathetic people should not be multi-dating because that would seriously tangle up their delicate emotions and sicken them. However, society keeps insinuating that sexual recklessness is freedom and fun. This is neither a lie nor true; it is subjective. Meaning some may have this "fun" and get away unscathed while the emotionally sensitive people could suffer damaging aftermath. But by deliberately controlling your perspectives you would base your choices on things that work for whom you are. It wouldn't matter what friends or the whole world advocates; if it doesn't work for you then they can all suck bananas of various sizes.

If you suffer a painful heartbreak, feel the pain as though your house were set on fire. Cry like a baby who got spanked. Yet remind yourself that you can detach from the burning house anytime. Never unite inseparably with your pain nor with your joy. How do you practically do this? Practice this from now on: think of yourself as a twin- one is immaterial while the other is flesh. You are this immaterial twin who is like a guardian angel over your physical other. Now, be a compassionate but strict guardian. In your mind say to your hurting twin *"oh darling, I'm so sorry you have to go through this pain. I know it hurts and I'm right here for you"* then sing it a comforting song or cry with it. When others see you this way and try to comfort you, mentally redirect this comforting to your hurting twin because you are perfectly fine. Say to it in your mind *"oh look, they're asking how you're doing. They're worried about you. But yeah we'll get through this"* Later you check the time and say to it *"okay let's go get something to eat or do the laundry. I know you don't feel like it but we must for your own health. So get your ass up, dear! That's an order!"* This will not be easy if you try doing it while in a very painful situation, but it'll be super easy to do with those regular bouts of depression or sadness. And as you train yourself with those easy situations it would become easier to do it in the harder ones. So start practicing the very next time you feel awful. Do the same when beautiful things happen to you *"oh I'm so happy for you. You totally kicked ass! I'm so proud of you. You know what, let's go get a treat to celebrate!"* this twin system you practice prevents the jobless Judge from playing that role in your life. You're the boss.

There are times when very embarrassing things may happen to you and you would wish you had a personal pole so that you could run to the edge of a cliff and pole vault yourself into the Grand Canyon. This is an almost inevitable feeling in life. But always remember that reality is made in moments, therefore, people may laugh and mock now but the power is in your hands to refuse to fuel the continuity of shame and embarrassment. Humans are naturally wired to move on from events just as your body is wired to shed skin and hair. Now, be the catalyst for this process. Understand that life is always a banter of action and reaction, and humans are entirely part of this equation. They will react by their default, waiting for your own re-action to guide them. Therefore, control the "conversation" with your next actions. You go "Oops! Spilled milk. Can't get it back. Life goes on, haha. So, who's hungry?" by dismissing the embarrassment within yourself they will follow suit and dismiss it. Even personal relationships are subject to this rule: most people would feel terrible and then wallow in a pity party after offending their partner. Nay, if you've offended your lover, make the appropriate apologies to ensure you aren't being insensitive to their feeling or to real issues, then dismiss the matter within yourself and begin teasing them with stuff they like. They'll soon loosen up and suddenly, it's not such a big deal anymore. Say you're a public figure who's done or said something inappropriate, humans may descend on you like flies on shit. You say "I said this, it was wrong, I'm sorry" you apologize for your insensitivity. Then if some flies linger after you've properly washed up, get the bug spray "Hey, what are you wimps still whimpering about after everyone's gone

home? Do you want my autograph? Okay, pull down your pants let me sign your asses. I'll have to use a dry marker to get past the cellulite though" despite your rationality and reasonable behavior, always levitate above the world as though you are literally an eagle that does not linger on the ground.

Live your daily life as you normally do, but jump at any opportunity to levitate. You can do this by finding some quietude to create, heal your subconscious, pray or meditate if you like, make a playlist of songs that energize you and dance to them, enjoy the company of other Levitate One human beings, listen to or watch elevating materials, etcetera. If people become curious to know what you know, point them to the truth. If they are still too immature to understand, let them be. You cannot help but notice the naivety and immaturity of humans now. However, let this do nothing more than amuse you. Help where you can, be indifferent where you cannot. Focus more on fixing your own mind to run Levitate One smoothly. And most importantly, never ever regard yourself as superior for what you know or have. If you do, you are again running Egosystem 1.0. When you catch yourself doing this use your breathing to put yourself back in perspective as a leaf or a prism: I am nothing, I am everything. You are privileged- not superior to anything.

You see, the very fact that you are nothing means you have nothing to fear in life: pain, bosses, guns, finance, lack, sickness, pandemics, death, loud parties, apache helicopters, dicks, pussies, pathogens, energy pathogens, deadlines, darknet, backdoor crew, horror movies, society, gravity, Al Capone, haunted houses, poverty, giant squids, nothing! Yet, if any situation frustrates your life, remember you have the power to heal via NI and Divinity. Feel free to wizard up, fuck shit up, and drop mic on shit's head. This is your birthright.

Golden Summary: Remember what you are, fear nothing, respect the order, express yourself.

So now, what colors of the light do you wish to express, Titan? Be the genius who builds the first intergalactic spaceship? Concoct the first invisibility body lotion for federal spies and unarmed robbers? Finish your studies and get a Ph.D.? Start a Fortune 500 company and build a castle of money? Rob a bank and maybe go to jail as a consequence, or not? Work at an office you love? Do menial jobs because you hate offices? Become the monarch of somewhere so that you can legally build a harem to put your many boyfriends or girlfriends? Plant flowers for all the less privileged people of the earth? I don't know; you tell me- what do you want to do?

Code 2. Define Your Desire

In the year 1766, a French woman sought to tour the world. To you, this is a normal thing to desire. But at that time it was a ludicrous ambition. Women were severely restricted in society. They were neither allowed to vote nor travel on French navy ships. Women had almost no rights. "Well, why should they, they're just women!" said the society of both men and women. Females would normally sit around in dresses gossiping all day. But Jeanne Barrett had a specific mission which meant everything to her- to assist a most significant patron and friend on his voyage. She therefore disguised herself as a man and changed her name to Jean Baret. She bound her breasts with linen bandages to conceal the bulge then enlisted as a valet aboard a French navy ship with about 300 other men. She achieved her desire, traveling all over the world too. And even though she was later discovered to be a woman, she was officially recognized as an extraordinary person and is today remembered as the first woman ever to circumnavigate the globe.

Now, another woman of high social status took a stick to the beach and drew a line just where the ocean waves had stopped. She then said to the ocean in a saucy tone "when you flow to the beach I'd like that you always stop on this very line which I have drawn" the ocean waves stared at her blankly for a few seconds, then hissed and flowed away into the sea. When the water returned to the beach it stopped before the line she had drawn and went back. She frowned. The water then came again and this time it violently flowed over her line, erasing it completely. The woman then sulked all day with her lip pouted. You may think to yourself now "*haha, good for her! what a ridiculous demand she was making*" but rest assured that many of us are guilty of this until we understand the order of nature. Whenever people marry just because they love someone or make major decisions based on their present emotions, this is exactly what they have done. You must never rely on the consistency of your feelings, for feelings are as fickle as that ocean; they would change as the variables change. But reasons can sustain feelings. Therefore, when you decide what you desire, your aim, your mission, your pursuit, do not base this decision on how you feel right now. Instead, ask the vital questions on why you must do it. If you cannot find any rational reason then be skeptical already that you might not follow through with that particular desire- whatever it may be.

For instance: you love someone and wish to marry them right away. This is a sweet happy feeling. But now stop and ask the vital questions: besides this overwhelming love I feel now, do we have compatible values? Do they help me feel more in touch with my true self or do I often put up an appearance around them? Am I a good influence in their life? Do we both make an effort to resolve our issues amicably? Are we both particular about being genuine with each other? Can I tolerate their quirks and they mine? Can we grow together in body, mind, and soul? Now if these questions answer affirmative then feel free to be as stubborn as a mule on romantic steroids. Stand firm with them even if the odds are many.

Rest assured that this person, barring unfortunate life circumstances that change people, will always be right for you. These reasons you sought are what make the difference between a genuinely worthy companionship and a typical marriage. Storms can uproot trees, but trees with solid roots would only break. With time it would grow again by the same roots that grew it initially. Such is the power of reasons beneath feelings.

Litmus test: why is it that many people cannot commit to a diet or workout plan? Because their reason for engaging in these things was flimsy from the start: I admire the models on TV. My doctor said to do it. I want to be ripped so that ladies would drool after me. Last night my husband complained about my weight. I'm going vegan because I like many vegans I've met. I want the ocean to stop on this line which I have drawn. These would feel like valid reasons with you proudly beating your hairy "gorillic" chest in preparation to crush bones and break legs. Bring it on! A couple of weeks later, Patrick Pathetic has abandoned the entire plan. But let's say you're a loving parent, and some mafia kidnaps your baby with the conditions that unless you lost this number of pounds they would keep your baby as their goddaughter. Now your desire to lose weight will become so tenacious that it will crush every obstacle in its path until you lose those pounds. This same mechanism is why in 1935, an older weaker boxer nicknamed Cinderella Man was able to defeat a younger stronger heavyweight boxing champion named Max Baer against all odds. When you hear people speak of the importance of motivation and perseverance, understand that these things are unreliable unless backed by a solid reason. In military circles this reason is instilled as a sense of duty to the cause or country, motivating the operatives to persevere against the many difficulties they encounter on their missions. Even death will have a hard time killing you. Therefore, let your "What I want" be quickly followed by a louder "why I want it" This is your force.

Code 3. Crush Your Fear.

A mighty brave lion took on a young elephant for lunch. But this elephant was having a bad day. Plus she hated being food. So she angrily confronted the assailing lion and kicked hard, sending it tumbling in the meadow. Now she ran forward and elbow dropped on the lion, literally crushing it. Then she trampled the carcass till it was flat, dried the pelt for about a week, and then sold it to an African King on his way to America. The lion didn't see that coming.

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Fear is a protective mechanism installed in living organisms, helping to trigger the fight or flight response which is crucial for survival. A truly fearless organism would be dead in no time- as it will not react appropriately to dangerous situations. But fear is nothing but a natural reaction to an action. If a Baboon suddenly goes arrrrghgg! behind you, this is an action to which you would react with panic. Now, see the bigger picture: once you desire anything, your mind is like a baboon going arrrrghgg! making an impression in nature. So nature would naturally react. This reaction to your desire is what's resistance. It can come as anything: your own mental inhibitions, social setbacks, financial difficulty, the counsel of loved ones, the spite of enemies, etcetera. Regardless of how it manifests be ready for it; it will surely come as the sun will surely rise. This is the glass which you must break to get to your desire- now that you are free. The most common form resistance takes is hesitation- the stealth assassin. Imagine you're in a boardroom meeting and an idea comes to your mind on how to solve the break room problem plaguing the company. You have a strong desire to share this brilliant idea but begin to wonder if you would sound foolish or lose the respect of your junior colleagues "*Well at least I wouldn't blow if I just kept it to myself*" you think. So you tarry and the meeting soon ends. Congratulations, Guy Fawkes, resistance just left the room. Oh, and it capped your wise ass with just one bullet. If you had recognized that your hesitation was the stealth assassin then you would have questioned it. You would have countered with "*hey, others with dumber ideas have shared theirs. Did it diminish their status at all? No? So fuck off!"* then you would have shared your brilliant idea anyway. Maybe everyone would applaud or maybe someone would point out a flaw in your plan, either way, you have fulfilled your desire to share your idea. So because many of us do not recognize this stealth assassin it puts us down with one bullet. Now, how can we learn to quickly detect and neutralize Resistance regardless of what form it takes? There's a military mantra that goes like this: the more you sweat in times of peace, the less you bleed

in times of war. This means we must begin paying attention now in our daily lives to detect little irrational fears and neutralize them.

For instance: you buy a taco from a roadside vendor. But it looks like he's put too little of everything inside. You're not happy about this. You'd like your taco stuffed. Now a familiar voice in your head scolds you saying it is unnecessary to complain or that you don't have to be a jerk. Very well, let's ask the vital questions quickly: is your desire to demand more stuff in your taco rational? Yes, you paid for it. Will you really not enjoy this shitty taco? No, you won't. Case closed. Recognize this hesitation as resistance then deliberately crush it. Demand politely "Excuse me, Tacoist, this taco isn't properly stuffed and I shall not enjoy it. May I please have more stuff in it?" If he or she grumbles to dissuade you, recognize this too as part of the resistance army and insist the more. Be calm but very stubborn about this. Make sure to get that taco properly stuffed or Doctor Dolittle can keep their taco. There will be many other scenarios in your everyday life where you can practice this empowering art of gunning down resistance. Keep in mind that some of your desires might be irrational, such as the desire to grab a random stranger's butt in an elevator. That's how lions become pelts. So, develop a habit of briskly asking the vital questions before crushing the resistance that follows desire.

If you wish to start this training very safely with no risk of confronting other people yet, then do either of these:

I. For the next two weeks set your alarm to wake you up at an unusual time each night when you will be reluctant to open your eyes. Now when this alarm rings, sit up and say the phrase "I'm totally badass" thirty times. After which you may return to pleasant slumber. Feel free to change this phrase to something that rings better in your ears, it doesn't matter. What matters is that the alarm annoys you every night to make you do something you find uncomfortable, and you do it. Here's the logic: each time the alarm rings, your mind will desire to sit up for training but the resistance will compel you to skip. By forcing yourself up you are then defying that resistance; crushing it. Your mind is thereby learning the mechanism. NI's Whirlpool Effect will soon take it from there that you will find it easier to neutralize resistance in other areas of your life too.

II. Now that you understand the logic, here are some other ideas you can adopt: If you hate bathing with cold water, force yourself to take a cold shower thrice a week and just writhe in the agony of it. If you are afraid of ants, deliberately get one on your arm then panic. Just panic. If it bites you, cry. Then tomorrow get another ant on

your arm and panic again. When you are no longer afraid of ants or their bite, upgrade to spiders. Whatever it is that annoys or scares you is exactly what you must expose yourself to in small safe doses. Only you know these things so decide for yourself. People will not understand why you seem to be punishing yourself, but you understand that you are inoculating yourself against bigger situations in life. So do these things!

Hey, eyes front and listen up: if in your mind you're like "*haha I'll pass, thank you. I can't do stuff that'll make me this uncomfortable"* well then we should fly you back home in time to catch that reality TV show you like. Truth is, the Egosystem culture is an overwhelming reality that would permanently ground you in its mirage of disappointments, insecurities, depression, morality, fear, and all that. Practicing nature's discipline is using L1 to outwit the cunning boy. This discipline facilitates your mental freedom. So consider this your personal boot camp. Bring forth your guardian twin to play drill sergeant on your lazy evasive ass. Make sure to sweat now in times of peace so that you will no longer bleed in times of war.

Here's another fun thing you can start right away: write this and paste in a place where you'd see it first thing in the morning "*I wonder how many resistance assassins I'd gun down today. Let's begin!"* then go to your office, business, or school. At the end of the day do a mental recap. Make sure to salute yourself as *The Great One*, or scold yourself as *The Pathetic One* depending on your performance that day. Keep a daily scorecard for two weeks if you wish. Have fun. In no time you will begin noticing a change in your overall disposition to life. You will begin noticing how these little fears creep around stopping humans from reaching their desires. Like a spectator, you will become more aware of their tactics. And because body and mind are intertwined as one, once you begin disciplining one the other will yearn for some discipline too. You will find that you are becoming more confident in standing up for yourself, being less concerned with social drama, withholding your fucks, thinking rationally where you would have been weak or sentimental, and being brave enough to keep pressing for the bigger things you desire in life despite the crippling fears that would normally have stopped you. Sweat more, bleed less.

Code 4. Pursue Precisely

Why do horses wear blinders? To keep from getting distracted. In mathematics, we know that the shortest distance between two points is a straight line. Likewise, the shortest distance between you and your desire is a straight gaze.

Litmus test: when next you're at the window seat of an aircraft lifting off the earth, look down at the humans like ants all over the place. Try to identify which one of these ants is your mother or your uncle or your friend. Is this not a ridiculous feat? Laughably so. But then, how are the birds of prey able to know a running mouse or walking duck even in a refuse dump with hundreds of random debris shifting in the wind? Should they not dive down several times picking all the wrong things until they finally pick snake? Nay, they are naturally taught to narrow their view, to isolate desire from distraction, to be precise in pursuit. You will find this same precision in many other animals as they seek to catch a meal or build a home etc. This is the method to emulate; breaking down a large herd of a situation into single precise units in order to avoid inundating ourselves. Beware, however, the urge to logically micromanage every bit of the process. This attitude quickly becomes counterintuitive with NI. As an L1 person, practice doing things outside of normal human logic and in accordance with your understanding of the natural order.

For instance: say you have defined your desire to relocate to a different country, it is logical to begin considering whether you have all necessary things in place- visa, accommodation in the destination country, funds, etc. Soon you will feel overwhelmed and postpone this plan. But alas! This is resistance creeping up on you to break your force. Thus, human logic proves inept at outsmarting resistance. There are times to bring the studious attitude of getting everything right before starting. Such as when doing logical human things like building a house. But when it comes to nature and life generally, ditch that attitude fast. What you should instead do is write down all these things you need in place, from the most difficult to the simplest ones which you can do now. Such as "collate all my old documents, talk to an immigration expert, read about the culture, practice their swear words, etc" then begin ticking these off the list as you accomplish them one after the other. You are now feeding your force; creating that Whirlpool. Understand that nature does not respect your logical plans, no, it moves according to the necessity you create. Equipped with what looks like an awesome plan to you, life may suddenly happen and render your perfect plan useless. The 1969 Apollo 11 mission to the moon gives credence to this fact. It was a perfectly cut out plan by highly intelligent humans over a long period of time, yet several things went wrong and the mission almost failed. It was both the determination of the crew and some serendipity that saved the day. What many do not know is that despite the highly intelligent plan to ensure the success of the mission, the American presidency also had a speech ready should the mission go tits up. This speech never happened but is now

available online for reference. Their attitude here is the right attitude with nature- for even the savviest captain is at the mercy of the sea.

So consider your every plan nothing more than a to-do list, a sketch, a guide. Don't waste time perfecting it because it will likely change as the variables change. Begin laying the blocks with nothing but the vision itself and a faint idea of how you'll achieve that vision. If you sometimes feel emotionally depleted from things not going your way, begin repeating to yourself "I will do so and so. I must do so and so" thus creating that sense of necessity. The force then begins moving you along. Suddenly you have inspiration. Ideas are flowing. You feel like stepping out or taking a walk. You get a call from a friend who lifts your mind or suggests stuff you haven't thought about before. This is how the variables adjust. Some obstacles will leave the road on their own, others will be stubborn but you will soon discover ways around them. Do you not observe the roots of trees; how they cleverly chart their way around obstacles and even break through walls when they cannot go around it? If NI runs out of paths to follow it will pave one anew. Your task is to keep asserting that which you must achieve and why then taking precise actions to move the force in that direction. Note here: it is also wise to pay attention if in life bad things begin happening sequentially. You already understand that reality is all changing variables, so you may have carelessly set up an anticlockwise whirlpool that is just now getting windy. If it's nothing you can pinpoint then you'll want to adjust upcoming variables by healing your subconscious as practiced earlier. Keep in mind that some changing variables are about you while others are beyond you. Have you ever wondered why people in poor or developing counties often get so religious? Think now: if by default the variables of life are set against you, then you'll often find yourself needing to adjust them. So if these folks do not continually "pray" to impress upon NI it would feel as if everything keeps falling apart for them- because their society creates lots of negative whirlpools by default. But if they should relocate to a better society they'll suddenly need fewer prayers. So their superstition is mostly naivety, but the mechanism is rational. Therefore, if you find your society is retarding your force and you cannot do anything to change this, begin making plans to relocate Asap. Do not be sentimental about this. No place is perfect, but some are much brighter than others.

Lastly, many worry about missing opportunities following common parlance that *opportunities are scarce*. Don't buy it. Abundance is the way of the Light; nothing is scarce in the repository of everything. The creative force creates. Period. Your concern should be: train yourself to stop hesitating, as hesitation may cause you to regret lost opportunities, and wallowing in regrets can quickly demoralize your overall force. Study Code 3 rigorously.

Code 5. Make It Merry

Author Notes: I once had this weird dream where a guy stood at the subway station trying desperately to say something to the passers-by. Whatever he had to say seemed important but no one gave an audience. This frustrated him much. But, actually, he wasn't really saying anything. A person would walk past with him seeming to gesture to get their attention in such a vague manner that no one would even notice. In the dream I was like an invisible spectator feeling frustrated for the guy; wishing I could say to him "hey, yell! Speak! You're not saying anything!" As I awoke from that dream I blurted out this line "the secret to success is in the word social" which puzzled me because hello, lots of people are antisocial and totally successful. Ebenezer Scrooge would concur. I could be a hacker genius siphoning wads of cash from government resources while living in some paradise I built somewhere off-grid. I mean, I rationally debated this and won hands down. It wasn't until ten years later that I grasped the symbolic meaning of that dream and statement.

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First off, our definition of success is not nature's definition. We would rate a person's success by how much they have accomplished and how much they generally have. But nature would use the word in the context of the fulfillment of purpose. Humans did not manifest as fearful selfish creatures; rather contributors to a world which they themselves are a part of. And the only way humans contribute is through their impressions on that world- social. So this is talking about affecting existence with your being. Fear and timidity are our greatest blockade to self-expression, and self-expression is what brings us a sense of fulfillment. This is exactly how the leaf nourishes the tree by merely expressing itself. There are two things I also understood:

1. Not every human naturally carries a specific mission, but every human has a primary purpose which is to moment by moment affect nature and others in it while pretty much having fun. This is a success.

2. Nature sometimes manufactures humans with a secondary gift or mission. This could be genetic or non-genetic. Such as a person's exceptional wisdom, powers, creativity, talents, etc. This gift would tug at them to express it while resistance would naturally show up to halt their expression. But doing it anyway would prove a double-edged sword of fulfillment and influence. Thus, this person is not different from others; only has a more specific mission.

Every human falls in either category, and those in category 2 would instinctively know it somehow. Visions, recurrent dreams, uncanny coincidences, the stronger the purpose the louder it calls. Now, whether you see yourself in 1 or 2, always remember that life happens

in moments. Meaning the things you pursue are merely adventures on earth- things of interest to you. Your real success is in the hugs, compliments, laughter, kind words, helping, being there, loving, fucking, gisting, eating, loving nature, lifting hearts, making art, basically your shining on the universe moment by moment. The opposite of which is fear; you become caught up, hesitant, selfish, judgmental, and dark. Most of us agents reflect poor lights of the divine, creating much of the gloom and fear in our world. Nature would face-palm. This is why children and people with inner maturity are typically unserious at heart, being closer to the natural order. Humans are like children frolicking in the field. Like butterflies. So you know how you feel when one butterfly dies? It sort of hurts because they're so cute. But then again it's not that much of a big deal since they're just butterflies. This is exactly how nature treats all organisms. Without disease and death, the earth would be overpopulated with rabbits and shit. So though these things may cause pain to organisms, they aren't bad parse. And the earlier we levitate from our toxic cultural perception of nature, the earlier we'll stop being caterpillars.

So whether you work at a bank or you're a florist, frolic as often as you can. Connect with, and influence all of nature. Choose friends as carefully as you choose your pursuits. Some humans have grown bitter and others toxic, but some are lights trying to shine. Be wise in picking the lights. Being open-minded does not equate to having low standards. The lights are the ones who love the things of wisdom. They are the ones who gravitate towards truth. Broken or not, their heart is somehow open. And soon enough they'll shine back at you. Treasure these ones, and shine on the others from a distance.

Code 6. Embrace The Outcome

One sunny afternoon I took a long walk on a long beach. Each step digging into the soft white sand and heavy to pull out. Tiring. It was an extemporaneous adventure, so I had no drinking water on me. I was thirsty. Then I came across a beautiful orchard of coconut trees grown in a circle. Perfect. All I needed was to figure out how to pluck one coconut then break it open and drink its water. This should be easy, but it wasn't. There were two of the trees with good coconuts on them. I'd tried one tree but no luck plucking its coconut, then the other. Still, nothing. No sticks or stones or animal bones would bring them down. *Assholes!* I considered calling it a day and beginning the tedious walk back to civilization, but then I remembered this very book I was writing. I needed to practice its principles again. I decided that I wanted coconut water because I was very thirsty. This is my desire backed by a solid reason, and I would crush every resistance- from my own physical fatigue to the nagging temptation to surrender, etc. I then chose one of the coconuts precisely. I began devising technique after technique: from slinging ropes to throwing stones to improvised boomerangs to shaking the tree to trying to climb it. This took close to an hour just trying to pluck a coconut, but I kept at it, nothing daunted. The sea is sometimes turbulent. Have you not heard of how much struggle the light bulb cost Thomas Edison? Have you not heard of Steve Jobs' many frustrations and failures? Did Nelson Mandela, Mahatma Gandhi, or Christ have a smooth sail to their desires? Sometimes it is the very force of your desire that rouses a particularly shitty resistance, sometimes other variables such as your countenance or trajectory can complicate the equation, and sometimes an element of nature could be downright messing with you. Nothing is impossible here. But in all those scenarios the principle holds firm: F>R=M.

Okay, Nature, two can play that game! I girded my loins, so to speak. Sometimes strangers would pass and stare but I would crush this Resistance of shyness and continue in my quest. Eventually, the coconut gave. This was my Eureka moment of victory! I gleefully broke it open. But much to my chagrin, there was not a single drop of water in it. No, not even a coconut shell in that whole big coconut. Nothing. It was all husk coir all over the place. Never before have I encountered a coconut that big with no pod inside. I had labored over an hour for a jokeconut?! Heck, I was better off using that energy to walk back. I felt devastated, debilitated, and humiliated all at once. But just as this frustration began welling up I remembered the last code: embrace the outcome. Humility is paramount when dealing with nature, for nature has enough tactical skills to humble you regardless of what you think you are. Remembering this, my mind immediately relaxed and I adjusted my countenance. "Oh well, tough luck!" I said to myself. But I was still thirsty so I made another lackluster attempt to pluck from that first tree. Now I only aimed an object at one, but two coconuts fell with barely any effort. This was uncanny, seeing how it was this same tree I'd first approached that was a total asshole. But understanding the order of nature I embraced

that too. I broke open one coconut and drank. The volume of water in it was so overwhelming that I could not finish it. There was no need to break the other. I remembered Yay Shane and the Lizard as I left the orchard feeling triumphant.

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I shared this anecdote with you because it was an unnecessarily trying encounter, to remind you that nature is not as linear or predictable as we would like it to be. But understanding the order is your power over everything you face. Notice how nature brings days and nights and weathers and seasons? This is exactly how life may rotate our experiences, and why you are to embrace even the unpleasant times without feeling slighted. You will not curse the sky for bad weather; you'll keep an open countenance and repeat the process. The L1 person sees everything like an adventure. Embrace your experiences however you can: laugh, cry, mourn, sing, dance, pray, doodle, meditate if you like. But remember to levitate above your human perceptions.

Code 7. Repeat On The Morrow

Sitting their little children down, this wise parent would begin talking fervently. To the little boy she'd say: this and this are what you must understand about girls and women. To the little girl he'd say: this and this are what you must understand about boys and men. The parent would say to the younglings: this is how money works, this is how investments work, this is how to save, this is how to build. This and this are the things you must avoid in people and in life. These are some books that can help you navigate life better. If you wish to access your insurance, talk to this person. If you wish to know what assets belong to your parents, read this document which is kept here. This is how to run, this is how to fly, this is how to reason and be majestic in mind. The parent would have these deep conversations about life with the children who are yet too young to fully understand them.

One day the youngest child suddenly interrupted "why do you always speak like you intend to leave us?" the child queried tearfully. The parent smiled. And pulling the crying child closer to pacify it, replied "I don't intend to leave you, my darlings, but every wise person lives each day with one leg on the ground and another in the clouds. A wise human understands the truth behind each passing breath and thus, takes none for granted. That if the nothingness should prevail without a moment's notice it would be a welcome nothingness indeed. This is why I live by my own truth, and why I give you these weapons of independence, that you too may do the same" The younglings didn't quite understand these words, but you do.

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FOOTNOTES

Remember from all we have explored why it is necessary to regularly tend to each aspect of your being. It is also advisable to re-read this book sometime for a more concrete comprehension. As you know, the human culture is very distracting so try scribbling notes from the following and paste somewhere to keep up regularly.

Discipline routine to beat depression and for optimism in everyday life:

Step I. Body: Feed your body with a good meal today. Drink enough water. Use natural or pleasant scents at home. Do a bit of physical exercise such as pushups, jumping jacks, jogging, whichever works for you. Be sure to get between 6-8 hours of sleep tonight.

Step 2. Mind: mind your mind's diet today. It needs a daily dose of healthy information: article, book, positive story, energizing video or music, being in nature, brief positive podcast, etcetera. Eat something. Also, try and regulate how much unhealthy food your mind consumes. Such as news, social media, music with negative lyrics, TV shows, pop culture movies, etc. These should be consumed in small indulgences. This way your mind won't get obese or sick. Do not stay idle for long today; try relating positively, writing, creating, working your job, building a business, tending to nature, expressing yourself somehow. Remind yourself what you have decided to pursue, and more importantly, why. Then take one tiny step closer to that dream. Anything would do as long as it moves you a bit closer. But do this now. Don't dawdle; do it!

Step 3. Universe: regardless of whom or where you are in life, negativity will ravage your space from time to time and disrupt your countenance. Some mornings you would wake up and feel utterly bleak. There will be times when things simply won't go your way. People may disagree with you or let you down. Perhaps your job or financial difficulties stress you out. Maybe there's a pandemic in town or you fall ill yourself. All these can cause you physical or emotional pain. You will then feel a sense of dread and fear overwhelming you. Fair enough. Keep this power gem close by: darkness is nothing but an absence of light. Never waste a minute fighting darkness. Do not invest your attention in whom or what hurts you, rather, engage your light. This is the direct equivalent of flicking on a light bulb in a dark room. It wouldn't matter what's causing the darkness; the light would fix it. The things of light have already been discussed throughout Part II, and especially in the Healing and Thick Skin chapters. If the variables are within your power you would soon notice the change. And in those days when the darkness so engulfs you that you cannot turn on the

light, retire that day by getting some sleep. If you must choose to die, die in the light. Never die in the dark for that would be the equivalent of swallowing LSD then slitting your own throat from mere hallucinations.

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Confidence & Perseverance: if 5 + 5= 10, and 3+4-5-1+6+1-3+2+3=10, then have it in mind that even though there might be a common way to achieve your aim, there is yet another way somewhere- be it easier or harder. Therefore, if you find your current route blocked by people or circumstances, never succumb to the feeling that you are now stranded or hopeless. Nay, rest to regain your vitality, cry if you must, then dust your feet and set out to find the other routes waiting to be discovered.

Breaking Bad Habits: every habit or behavior is subject to the laws of nature and never too big that you cannot end their tyranny. They are anticlockwise whirlpools that either you or your upbringing set in motion. These may be very powerful now, seeming to control your life. Do not be fooled though; it is the same mechanism. You simply trained your mind to be that way and you can always break the whirlpool if you don't like it anymore. So whether it's porn or alcohol or whatever, follow the codes to break it. The most important steps are to find a solid personal reason why you wish to break it and to set things in place ready to crush the resistance that'll follow. These could be reminders, stickers, and new habits you would engage to replace that old habit. This is important, or the void would create temptations and a relapse. Now support with your witchy syrup thingy to assert what you want. Try and keep this up for a minimum of 21 days when the new whirlpool would have gained traction, and then maintaining this new habit would be much easier.

Random Bouts of Depression: We all have such moments and they can be triggered by anything at all. Whenever it hits, think of how nature teaches animals to make themselves look bigger to intimidate the opposition. Emulate this by repeating "I am bigger than this feeling. I rise above this feeling" you will suddenly have energy, inspiration, or a radical change in perspective.

Enervators: If there's someone in your life who specializes in bringing you down by their critical attitude towards you, or they know how to get under your skin because of

some familial power they have over you- a mother, father, sibling, lover, boss, etc. They begin saying things and you find yourself crumbling into misery, self worthlessness, darkness, losing levitation. That's emotional sabotage, and it would sully your expression. You may try talking to them, writing an actual letter to them, or sharing enlightening materials such as this. But if they won't mature, then your next option is to control your emotional reaction to the situation. Understand that they only hurt you because your mind puts them in a position of power. Now, fire them from that position. Demote them to a very insignificant something. A Tardigrade should do. Hey, no sentimentality whatsoever! Control this narrative of your life! Picture a Tardigrade: *Good to see you, Tardigrade. Good night, Tardigra*de. When they begin riling you up with their destructive criticism, say under your breath "Ooh the day of the Tardigrade is upon me aaahhh!" then begin thinking about what you'd like for dinner tonight. Do not be rude. If they are nagging about something which you can easily do, get it done without thoughts or debates. Otherwise, simply switch to your aloof twin mode and begin fantasizing while they rap to a brick wall. Respond like "what is it you want me to do? Okay, I'll go do it now sorry" or completely excuse yourself from the room if possible. Live and let Tardigrade live.

Note: If this practice works fine for the fellow then you may continue using it. However, if you are dealing with the more toxic narcissistic types then consider this a temporary fix while you strategize to get the hell away from them. Get a divorce, apply for work elsewhere, save up and move to a different city, elope. Control your reaction or plan an escape. I emphasize this because: how can you levitate with an emotional ceiling cast over your head? This is the equivalent of superman living in a kryptonite cave then wondering why he's often miserable and powerless.

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Levitate One Explained: keep in mind that the context of Levitation used throughout this book is in no way related to any previous notions of levitation whether through meditation or whatever. Levitate One is strictly an Operating System. As the name suggests, it is to be higher than, to rise above, to defy the gravity of the shackling culture. Therefore, picture a prism with a leaf at its top and a clockwise whirlpool in its middle. The prism is a reminder of what you are- an agent of the Light. The leaf is a reminder of your purpose- to affect nature by your basking existence. The whirlpool is a reminder of NI- to move with, not against its principles. On the side you have the letters: BiBi>DiDi>CiFi>PiPi>MiMi>ETO>ROM. These are catchy abbreviations of the L1 codes from 1 to 7. You may say them sometimes to calibrate yourself when you need to achieve anything using the formula (F>R=M). Also to check whether you are still levitating or

you've regressed to the ways of self-importance, fear, Egosystem. You've likely noticed that the attitude of L1 is mature, alluding to quintessential self-mastery. It is not reckless and regretful, rather, thoughtful and deliberate. It is authentically bold, confident, and self-assured. People normally feel a need to impress the parents of a date, or to impress co-workers, or to pander to the whims of society. But an L1 person acts according to necessity and choice, not according to anyone's expectations. If they wish to impress or it is necessary to do so, then they would. All values of L1 are core values of nature. And because nature epitomizes the Light, these are also core values of the Light. When a gentlewoman found her beautiful mansion set ablaze, she wept like a child. She is damaged and would henceforth be a bitchy broken person. The perpetrators, watching through telescopes, high-fived each other and left. A few months later they paid the ruins a visit but were shocked to find a beautiful fortress sitting there. The laser guns and booby traps wouldn't let them anywhere near this fortress though. Such is the core of an L1 person- indestructible.

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Finally, consider this book a foundation. Whatever you build upon it is entirely up to you. I dare not take any credits for writing these words on paper, for I am but a channel. And I hope that you grasp this liberation and fly away into the sunset. There's nothing wrong with being a minimalist happy with whatever you have, but I find that mental freedom thrives best when coupled with financial freedom. Do not confuse wealthy for greedy. The fact that you practically reside in a human culture means you'll often need money to live. Money also allows you to easily implement your ideas and have fun expressing yourself. But being broke can make you anxious, fearful, and therefore, vulnerable. For this reason, I recommend that you read the book titled The Richest Man In Babylon by George S. Clason. I've selected this book not by popularity or hype, but because it will show you the practical principles of finance without the usual jargon. Wealth is positively liberating once you have the right orientation towards life itself- which you have attained here. I trust that you will take this advice and I wish you great pleasure in your adventures henceforth. Enjoy your mental freedom!

Yours Sincerely,

Alexander Charles

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